



Sex and Health Education (RSHE)

Statement of intent

CCHS Mission

To deliver a first-class education, in a happy, safe and secure environment.

Clacton County High School is committed to facilitating excellent teaching and learning through three simple rules: **Ready. Respectful. Safe.** These simple rules permeate across all aspects of our behaviour and academic curriculum and lie at the heart of our approach to the teaching and delivery of our Relationships, Sex and Health Education (RSHE) curriculum. RSHE is an integral part of the curriculum at Clacton County High School and is specifically designed to educate our students about relationships, sex and health.

Our approach goes beyond providing biological information but also focuses on developing skills to understand, manage and maintain healthy, positive relationships. We aim to give students the knowledge to make appropriate and well-informed decisions. Through our teaching about respectful relationships, kindness and understanding, the value of acceptance of others is central, regardless of differences in belief, culture or race. We encompass the notion that 'mutual respect does not mean having to agree with someone'.

RSHE encourages students to consider their physical, moral and emotional development as they progress through different stages of their lives. It is about developing positive beliefs, values and attitudes and understanding the importance of healthy relationships (including friendships), gender issues, conception and birth processes, contraception, sexually transmitted infections, prejudice and stereotyping in a safe and secure environment.

Teachers will ensure that their personal beliefs and attitudes do not influence their teaching of RSHE. They will provide balanced, factual and unbiased information about relationships, reproduction and wider contexts including emotional, ethical, religious, and moral dimensions for a range of topics.

Through our curriculum delivery we encourage students and teachers to share and value each other's views. Teachers generate an atmosphere where questions and discussion on sexual matters can take place without any stigma or embarrassment, correcting any misinformation students may have gained. We are aware of different approaches to sexual orientation, without promotion of any particular family structure. **It is not about the promotion of sexual orientation or sexual activity.**

Our RSHE curriculum aims to equip young people with essential skills for building positive, enjoyable, respectful and non-exploitative relationships and staying safe both on and offline. It involves acquiring information on what the law says in regards to relationships and sexual activity, and free speech whilst respecting the views of others.