


# FACE - Online Talks for Parents

Family Advice – Communication - Education

 <b>September Timetable</b> All sessions delivered live online via zoom. 90 minutes long <b>FREE with our School Membership</b> Book online at <a href="http://facefamilyadvice.co.uk">facefamilyadvice.co.uk</a> Recordings available for 48 hours (excluding Free Talk)	
Understanding Addictive Behaviour	15 Sep 10am
Supporting A Child With ADHD	15 Sep 7pm
Improving Family Communication	16 Sep 10am
Autism Improving Communication	16 Sep 7pm
Facing Defiance	22 Sep 10am
Anxiety Based School Avoidance	22 Sep 7pm
Understanding Anger	23 Sep 10am
Supporting Healthy Screen Use	23 Sep 7pm
<b>FREE Facing Defiance</b>	<b>25 Sep 7-8pm</b>
Introduction To OCD	29 Sep 10am
What Is ACT?	29 Sep 7pm
Cannabis and Ketamine Awareness	30 Sep 10am
Anxiety Explained	30 Sep 7pm
Understanding The Teenage Brain	6 Oct 10am
Supporting Healthy Sleep	6 Oct 7pm

[More info about Parent talks](#)

[Check out our site](#)

## Would you like some support with any of the above issues?

FACE aims to support regular parents with commonly faced issues.

In this age of long waiting lists and over-loaded services, FACE is offering you practical and accessible advice and information.

Each talk includes easy to apply interventions  
and the opportunity to ask questions.

The sessions are delivered online via zoom by Jane Keyworth,

Lead Facilitator at FACE

7pm - 8:30pm

CCHS parents have unlimited access to all FACE Parent Talks

Please email [admin@cchs.school](mailto:admin@cchs.school) for details of the access 'Promo' code.