

These 'secret' sexting codes could help you protect your child

Every parent is naturally concerned about their child's use of the internet and social media. But how much should we be monitoring their online behaviour? Should we also be involved in our kids' habits when they text their friends too?

These are questions parents must think about on a regular basis - particularly as digital and social habits change so quickly.

In a constantly changing online world it's easy for parents to get left behind - particularly as language changes in effect leave adults in the dark.

In response to the fears of many anxious parents here is a list of abbreviations used on Social Media. There are hundreds of text talk codes – a simple online search will reveal what any other codes that you spot actually mean.

The shortcuts include:

143 or 459	I love you
182	I hate you
420	Marijuana
8	Oral sex
2DAY	Today
4EAE	For ever and ever
53X	Sex
ADN	Any day now
ADR	Address
AF	As F**k
AFAIK	As far as I know
AFK	Away from keyboard
ASL	Age/sex/location
ATM	At the moment
BFN	Bye for now
BOL	Be on later
BRB	Be right back
Broken	Hung over
BTW	By the way
9 or CD9 or Code 9	Parents are nearby; Followed by 99 - Parents are gone
CTN	Can't talk now
CU46	See you for sex
C-P	Sleepy
DOC	Drug of choice
DWBH	Don't worry, be happy
F2F or FTF	Face to face
FWB	Friends with benefits
FYEO	For your eyes only
GAL	Get a life
GB	Goodbye
GLHF	Good luck, have fun
GTG	Got to go
GNOC	Get Naked on Cam
GYPO	Get your pants off
HAK	Hugs and kisses
HAND	Have a nice day

MOOS	Member of the opposite sex
MSS	Member(s) of the same sex
MOS	Mum over shoulder
MorF	Male or Female
MPFB	My Personal F**k Buddy
NAGI	Not a good idea
NALOPKT	Not a lot of people know that
NIFOC	Nude in front of computer
NIFOC	Nude In Front Of The Computer
NM	Never mind
NMU	Not much, you?
NP	No problem
NTS	Note to self
OIC	Oh I see
OMG	Oh my God
ORLY	Oh, really?
OT	Off topic
OTP	On the phone
P911	Parent Alert
P999	Parent Alert
PAL	Parents Are Listening -or- Peace And Love
PAW or PRW	Parents are watching
PCM	Please call me
PIR	Parent in room
PLS or PLZ	Please
POS	Parents over shoulder
PPL	People
PRON	Porn
PTB	Please text back
Q2C	Quick to Cum
QQ	Crying. This abbreviation produces an emoticon in text. It's often used sarcastically.
RAK	Random act of kindness
RL	Real life
ROFL	Rolling on the floor laughing
RT	Retweet
RU/18	Are You Over 18?

HTH	Hope this helps / Happy to help
HW	Homework
IDK	I don't know
IIRC	If I remember correctly
IKR	I know, right?
ILU	I love you
ILY	I love you
IM	Instant message
IMHO	In my honest opinion / In my humble opinion
IMO	In my opinion
IPN	I'm posting naked
IRL	In real life
IU2U	It's up to you
IWSN	I want sex now
IYKWIM	If you know what I mean
J/K	Just kidding
J/O	Jerking off
J4F	Just for fun
JIC	Just in case
JSYK	Just so you know
KFY or K4Y	Kiss for you
KMS	Kill myself
KYS	Kill yourself
KOTL	Kiss On The Lips
KPC	Keeping parents clueless
L8	Late
LH6	Let's have sex
LMBO	Laughing my butt off
LMIRL	Let's meet in real life
LMIRL	Let's Meet In Real Life
LMK	Let me know
LOL	Laugh out loud
LSR	Loser
MIRL	Meet in real life

RUH	Are you Horny?
RUOK	Are you okay?
RUMORF	Are you Male or Female?
S2R	Send to Receive (send a photo to receive one)
SMH	Shaking my head
SOS	Someone over shoulder
SRSLY	Seriously
SSDD	Same stuff, different day
SUGARPIC	Suggestive or erotic photo
SWAK	Sealed with a kiss
SWYP	So, what's your problem?
SYS	See you soon
TBC	To be continued
TDTM	Talk dirty to me
TIME	Tears in my eyes
TMI	Too much information
TMRW	Tomorrow
TTYL	Talk to you later
TY or TU	Thank you
VSF	Very sad face
WB	Welcome back
WTF	What the F**k?
WTH	What the heck?
WTPA	Where the party at?
WTPP	Want to trade pictures?
WUF	Where you from?
WYCM	Will you call me?
WYRN	What's your real name?
YGM	You've got mail
YOLO	You only live once
YW	You're welcome
ZERG	To gang up on someone
ZOMG	Oh my God (sarcastic)