



Clacton County High School

Sigma Sixth Tending

Notices and Letters



Spring Term 2025 | Issue 26 | Friday 28th March

Please take the time to check through this mailing, particularly for your child's individual year group as there could be some important information for you to be aware of.

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Whole School Notices

Non-Uniform Day - £1 donation

Reminder – Friday, 4th April 2025 is the end of term, students finish school at 11.55am. This is a non-uniform day where we ask for donations for a charity. We are currently supporting the Clacton Food Bank. Donations can be made through Arbor in the school shop tab. The suggested donation amount is £1 per student. Thank you for your support.

Don't forget – clocks going forward

The clocks always go forward at 1am on the final Sunday of March which this year falls on Sunday, 30th March, this weekend.

Be Exam Ready

As we approach the start of the 2025 exam season, we want to remind our students to prepare thoroughly and manage their time effectively. Exams are an important part of their academic journey, and we're here to support them every step of the way.

- [Year 11 Summer Exam & Revision Timetable 2025](#)
- [Sigma Sixth Exam and Revision Timetable](#)

Revision sessions

Pre-exam revision sessions are available. Please refer to the timetables above.

Taking care of exam stress

It is healthy, and normal, to feel nervous about tests. However, if your child experiences overwhelming or debilitating levels of stress or anxiety before, during or after a test they may need some extra support. YOUNGMINDS has a specific section on Exam self-care, click [here](#) to read more.

Planning: Revision for students

1. **Start Early:** You may feel like you have a long time, but starting early gives you plenty of time to cover everything.
2. **Create a Revision Plan:** Organise your subjects and topics. Break everything into manageable chunks, and give yourself breaks so you don't burn out.
3. **Practice Past Papers:** They give you a good idea of what types of questions to expect and help you practice your timing.
4. **Use Active Revision:** Instead of just reading, try making flashcards, summarising notes, or teaching someone else what you've learned. The more active you are, the better you'll retain the info.
5. **Get Enough Sleep:** Rest is crucial for your brain to process and retain information.
6. **Stay Positive:** Stay calm, and remind yourself that you've got this. You've already put in the work!

For Parents and Carers – How can I help my child prepare for exam season?

1. Create a Supportive Study Environment:

- **Quiet, Organised Space:** Provide a quiet and well-lit area free from distractions for studying. Ensure it's equipped with necessary study materials like books, stationary, and a computer.
- **Routine:** Encourage a structured study schedule to help students stay on track. Regular study times and breaks are essential for productivity.

2. Encourage Time Management:

- **Study Plan:** Help your child create a revision timetable. Break down the curriculum into manageable chunks, and set realistic goals for each study session.
- **Balance:** Ensure a healthy balance between study and rest. Too much pressure can lead to burnout.

3. Provide Emotional Support:

- **Positive Reinforcement:** Encourage them when they feel down and celebrate small achievements to build their confidence.
- **Manage Stress:** exams can be stressful, so it's important to talk openly about concerns. Practicing relaxation techniques, like deep breathing or short walks, can also help.

4. Help with Revision Techniques:

- **Active Revision:** Encourage methods like flashcards, mind maps, and quizzes to make revision more interactive. Testing themselves frequently helps with memory retention.
- **Past Papers:** Help them practice with past exam papers or sample questions to familiarise themselves with the exam format and time constraints.
- **Revision Guides:** Provide them with study guides or online resources that summarize key topics and explain concepts in a simpler way.

5. Stay Involved with School Communication:

- **Teacher Updates:** Keep in touch with teachers to stay updated on their progress and any areas that need improvement.
- **School Resources:** Encourage participation in extra revision sessions or study groups offered by the school

Whole School Letters

No whole school letters this week

Dates for Your Diary

This month

- Thursday 3rd April – Year 10 Parents Evening
- Thursday 3rd April – Year 11 Final school photographs
- Friday 4th April – End of Term /Half Day

Later

- Monday 12th May – Year 7 Assessment week
- Thursday 19th June – Year 7 Parents Evening
- Friday 20th June – Sixth Form Farewell Pizza Party
- Monday 31st June – Year 10 Futures Week
- Thursday 14th August – A level/L3 Results Day
- Thursday 21st August 2025 – GCSE/L2 Results Day

Year 7

Year 7 reports are ready to be downloaded from Arbor. Please see the [how to guide](#) for more information

Advance notice:

Year 7 Assessment Week - w/b Monday 12th May 2025

Year 7 Parents' Evening - Thursday 19th June 2025

An overview of the year 7 curriculum can be seen [here](#)

Year 8

Year 8 reports are ready to be downloaded from Arbor. Please see the [how to guide](#) for more information

An overview of the year 8 curriculum can be seen [here](#)

Year 9

Scientific calculators are available for purchase to **Year 9 students in Arbor pay (school shop section) £6.49 each. Once paid for they can be collected from** reception.

An overview of the year 9 curriculum can be seen [here](#)

Year 10

Year 10 reports are ready to be downloaded from Arbor. Please see the [how to guide](#) for more information

Year 10 Parent Evening and "How to help your child revise" Thursday, 3rd April - Bookings are required [Letter](#) of invitation from Assistant Headteacher – Mr A Martin

Year 10 Future's week - Monday, 31st June – Friday, 4th July
[Letter](#) from Assistant Headteacher – Mr A Cooke

Careers Futures Week includes opportunities for work shadowing, work placements, and visits to the University of Essex and local national companies. One-day workplace visits are organised in partnership with exciting local and national businesses to give students an insight into the world of work.

Careers Work Shadowing involves students attending a place of work with either a parent, another family member, or another responsible adult to help them gain a true sense of a work-life experience.

An overview of the year 10 curriculum can be seen [here](#)

Exam Information Reminder:

- [Year 11 Summer Exam & Revision Timetable 2025](#)
- [Exam Day Checklist](#)

Essential exam equipment includes:

- Black pen x2
- Pencil
- Ruler
- Rubber
- Highlighter pen for subjects such as English, history, geography, RE
- Scientific calculator for maths, science, and geography papers

If your child has trouble sourcing any of this equipment including a calculator, please let the school know as soon as possible so that one can be made available. **A Scientific calculator is a vital piece of equipment for the maths and physics exams. If your child doesn't have one or forgets to bring one they should speak with their teacher.**

Revision sessions

Morning pre-exam revision will either be held in the main hall or in year 11 tutor rooms, notices will alert students of the location on the day. Morning revision sessions start at 8.15 am. Students may enter through the main reception doors from 8.10 am.

Up to and including Friday, 6th June

Students are expected to attend normal lessons if not in revision or an exam up to and including Friday, 6th June. If they have finished a subject (exam has been taken), they will need to bring in revision materials to revise independently for upcoming exams in the normal lesson time.

From Monday, 9th June - Study Leave

Students are expected to be in school for pre-exam revision and exams only. This is known as Study Leave.

Uniform

All students are expected to be in full uniform whilst on the school site.

Revision at home?

If a student is unable to access online revision at home, they are welcome to book a computer at school. Click [here](#) to book.

Year 11 School Photographs – Thursday, 3rd April - Students are required Please be in full uniform and following expectations.

IMPORTANT – REGISTER TO VIEW SCHOOL PHOTOS

Exciting news! Carmel Jane Photography will be visiting our School on Thursday, 3rd April 2025, to take the Year 11 Individual & Year Group Photos.

All parents are requested to pre-register for instant access to your child's photographs once they are ready, pre-registration is required for every photo shoot. Don't miss out - pre-register today!

Register in 3 easy steps in less than a minute:

1. Head to www.carmeljaneshop.co.uk
2. Enter your unique code: JRXBXTKWCG
3. Include your child's full school register name.

Year 11 Hoodies – Are ready for ordering

We are pleased to announce a 2nd year of business with a local firm for Year 11 Hoodies, Printing on Sea: **Colours** six to choose from.

Price - £21.60 Inc. VAT.

Delivery - All orders will be delivered to the school for collection even if you provide Printing on Sea an alternative delivery address.

Personalising – If your child wants to add their name to the back of the hoodie, this can be done just during checkout, using the section **Order Notes**. Enter only the name. All names will be printed in capital letters. Only real names will be allowed. Please order [here](#)

Free Prom Clothing

North Essex Support Team (NEST) is collecting, displaying, and giving away free of charge prom dresses, suits, shoes, and accessories. Local events include:

Clacton- Saturday, 29th March - Great Clacton Community Centre, 16 -26 Valley Road, Gt. Clacton, CO15 4AR 2.00pm - 5.00pm

Clacton- Saturday, 30th March - Great Clacton Community Centre, 16 -26 Valley Road, Gt. Clacton, CO15 4AR 10.00pm - 12.00pm

Colchester- Saturday, 5th April - Elm Church, Clematis Way, Greenstead, Colchester, CO4 3PY
09.30 am – 2.00 pm

An overview of the year 11 curriculum can be seen [here](#)

Sixth Form Notices

Sixth Form Exam and Revision

[KS5 exam and revision timetable](#).

Year 13 lessons will continue until students have completed their last exam in that subject. Their final day with us is officially Friday, 20th June. We will celebrate their time with us at our annual pizza party between 12noon-1pm on that day.

Year 12 Post 18 Pathways Week 2025, Tuesday, 10th June – Friday, 13th June

Pathways Week provides a range of activities designed to support and inform students with post 18 choices. These will include information and guidance regarding higher education, apprenticeships, business skills, preparing for interviews and the world of work. The week will include a huge amount of information that will be of benefit to all year 12 students regardless of their future pathway and forms an essential component of their sixth form education.

Year 12 - Careers information, advice and guidance (CIAG) – [Letter](#) from Mrs M Read

Careers Guidance Updates



Unifrog “Helping students find their future”

Use this platform to look at colleges, universities, and career options from home with your child. [Unifrog](#)

Safeguarding, SEND, and Wellbeing

Autism Anglia Coffee Morning at CCHS - Monday, 28th April at 10am.

Please email us via admin@cchs.school if you would like to come.

Who We Support

We help children and young people under 25 and their families. You don't need a diagnosis of autism to get help.

How We Make a Difference

We guide families through the autism support process and teach the community about autism.

- Personal advice and support
- Our friendly team listens and gives advice based on your needs. We can talk on the phone, email, or visit you at home.
- Drop-in sessions

What We Can Help With

- Assessment and diagnosis of Autism and ADHD
- Moving between schools or big life changes
- Support with meltdowns and shutdowns
- Getting help at school or college
- Behaviours that may be hard to manage
- Training for families and schools
- Explaining other services and how to get help
- Our Autism Alert Card to help you feel safe while you're out and about

Community Notices


Holland Football Club Family Fun Day - Friday, 18th April



Fundraising event for the U15 boys European Tournament. All activities held in the gated stadium. Clacton Fire Service will be visiting. Day includes Inflatables, Bar, BBQ, Face painting, Penalty shootout, stalls and much more!

St Helena – Pier to Pier 2025 – Sunday, 18th May 10.00am

St Helena Hospice's 40th anniversary. Walk 7 or 14 miles between Clacton and Walton piers for St Helena. Participation on this special occasion will allow more people to access the St Helena Hospice services that they need. You may also take this chance to honour and remember your loved ones. The walk is the perfect time to reflect on the special moments and memories you and your loved ones shared. Pier to Pier is open to all ages, plus the route is suitable for pushchairs and wheelchairs. **Sign up required** - click [here](#) for more information. A lot of CCHS students and staff will be taking part.

Career Opportunities





THINKING ABOUT A CAREER IN TEACHING?


**DROP IN AND DISCOVER EVERYTHING YOU
NEED TO KNOW ABOUT BECOMING A TEACHER**

FIND OUT MORE 

**THURSDAY 3RD APRIL 2025
AT THE TENDRING EDUCATION CENTRE CO16 8BE
6PM – 7.30PM**

We deliver teacher training in Colchester, Tendring & Braintree.

Qualify as a primary or secondary teacher in 12 months.



Career Opportunities at CCHS

This week there are new positions available: Click [here](#) for further information.