



# Clacton County High School

## Sigma Sixth Tending

## Notices and Letters



**Spring Term 2025 | Issue 25 | Friday 21<sup>st</sup> March**

Please take the time to check through this mailing, particularly for your child's individual year group as there could be some important information for you to be aware of.

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### **Whole School Notices**

#### **Attention all Year 10 and 11 Parents & Carers**

Revision Resources for Years 10 & 11 will be for sale at CCHS on Thurs, 3<sup>rd</sup> April from 3.45–5.30pm in Clouds. Parents and carers can make card payments to purchase, and take with them, revision materials and exam equipment such as scientific calculators and revision guides. The following will be available:

Revision guides:

- **English Language**- AQA GCSE
- **English Literature**- AQA GCSE
- **Geography** - GCSE 9-1 Geography AQA Revision Guide: 1st edition (GCSE Geography AQA 2016)  
My Revision Notes: AQA GCSE (9–1) Geography Second Edition
- **Maths** - CGP Foundation OCR and Higher Edexcel
- **Business** - Pearson REVISE BTEC Award Enterprise Revision Guide (2022)
- **Engineering** - WJEC Level ½ Vocational Award Engineering (Technical Award) - Student Book (Revised Edition) Boost Book
- **Science** - GCSE Combined science revision/foundation and higher
- **Physics** - GCSE Complete revision / Revision Questions
- **Biology** – GCSE Complete revision / Revision Questions
- **Chemistry** - GCSE Complete revision / Revision Questions
- **Spanish** - GCSE AQA Complete Revision & Practice

#### **YOUNGMINDS – Find help and advise on mental health**

YOUNGMINDS know that being a parent or carer isn't always easy. Although it's often amazing and rewarding to watch your children or young people grow up, it can also be really hard work. Things might feel especially difficult if your child or young person is struggling with their mental health at the moment. Or if their mood and behaviour seem different, and you're not sure why or what you can do to help. But you are not alone. Further details can be found on YOUNGMINDS [website](#)

[Getting support from mental health services](#)

### **Exam self-care**

It is healthy, and normal, to feel nervous about tests. However, if your child experiences overwhelming or debilitating levels of stress or anxiety before, during or after a test they may need some extra support. YOUNGMINDS has a specific section on Exam self-care, click [here](#) to read more.

### **Parents Helpline**

If you're worried about your child or young person's mental health or wellbeing, you can speak to YOUNGMINDS over the phone or chat to them online.

The Helpline provides detailed information, advice and support to parents or main carers of children and young people aged 25 or under.

Remember, it's okay to reach out for help. We all need a little extra support sometimes.

Parents Helpline for free on [0808 802 5544](tel:08088025544) open Monday - Friday 9:30am - 4:00pm.

### **Whole School Letters**

No whole school letters this week

### **Dates for Your Diary**

- Thursday 3<sup>rd</sup> April – Year 10 Parents Evening
- Friday 4<sup>th</sup> April – End of Term / Half Day
- Monday 12<sup>th</sup> May – Year 7 Assessment week
- Thursday 19<sup>th</sup> June – Year 7 Parents Evening
- Monday 31<sup>st</sup> June – Year 10 Futures Week

## **Year 7**

**Year 7 reports** are ready to be downloaded from Arbor. Please see the [how to guide](#) for more information

### **Advance notice:**

Year 7 Assessment Week - w/b Monday 12<sup>th</sup> May 2025

Year 7 Parents' Evening - Thursday 19<sup>th</sup> June 2025

An overview of the year 7 curriculum can be seen [here](#)

## **Year 8**

**Year 8 reports** are ready to be downloaded from Arbor. Please see the [how to guide](#) for more information

An overview of the year 8 curriculum can be seen [here](#)

## **Year 9**

### **School Ski Trip – Pyrenees – February 2026**

Future Year 10 students have an opportunity to sign up for the CCHS Ski Trip 2026. Please express your interest in your child attending by completing this [Google form](#). Please see more details from the trip organisers [here](#)

**Scientific calculators** are available for purchase to **Year 9 students in Arbor pay (school shop section) £6.49 each. Once paid for they can be collected from** reception.

An overview of the year 9 curriculum can be seen [here](#)

## Year 10

**Year 10 reports** are ready to be downloaded from Arbor. Please see the [how to guide](#) for more information

**Year 10 Parent Evening** and “How to help your child revise” Thursday, 3<sup>rd</sup> April - Bookings are required [Letter](#) of invitation from Assistant Headteacher – Mr A Martin

**Year 10 Future’s week - Monday, 31<sup>st</sup> June – Friday, 4<sup>th</sup> July**  
[Letter](#) from Assistant Headteacher – Mr A Cooke

**Careers Futures Week** includes opportunities for work shadowing, work placements, and visits to the University of Essex and local national companies. One-day workplace visits are organised in partnership with exciting local and national businesses to give students an insight into the world of work.

**Careers Work Shadowing** involves students attending a place of work with either a parent, another family member, or another responsible adult to help them gain a true sense of a work-life experience. Guidance on how to arrange this will be presented via a Google Meet on, Wednesday 26<sup>th</sup> March at 4:30 pm with Assistant Headteacher – Mr A Cooke.

### **School Ski Trip – Pyrenees – February 2026**

Future Year 11 students have an opportunity to sign up for the CCHS Ski Trip 2026. Please express your interest in your child attending by completing this [Google form](#). Please see more details from the trip organisers [here](#)

### **Advance Notice – Year 10 Futures Week – Monday, 31<sup>st</sup> June – Friday, 4<sup>th</sup> July**

An overview of the year 10 curriculum can be seen [here](#)

## Year 11

### **Year 11 Hoodies – Are ready for ordering**

We are pleased to announce a 2nd year of business with a local firm for Year 11 Hoodies, Printing on Sea: **Colours** six to choose from.

**Price** - £21.60 Inc. VAT.

**Delivery** - All orders will be delivered to the school for collection even if you provide Printing on Sea an alternative delivery address.

**Personalising** – If your child wants to add their name to the back of the hoodie, this can be done just during checkout, using the section **Order Notes**. Enter only the name. All names will be printed in capital letters. Only real names will be allowed. Please order [here](#)

### **Free Prom clothing – Les Nicoll on Facebook**

North Essex Support Team (NEST) is collecting, displaying, and giving away free of charge prom dresses, suits, shoes, and accessories. Local events include:

**Harwich- Sunday, 23<sup>rd</sup> March - Harwich Arts and Heritage Centre**, Main Road, Harwich, CO12 4AJ  
09.30 am – 1.30 pm

**Clacton- Saturday, 30<sup>th</sup> March - Great Clacton Community Centre**, 16 -26 Valley Road, Gt. Clacton, CO15 4AR  
10.00 - 12.00pm

**Colchester- Saturday, 5<sup>th</sup> April - Elm Church**, Clematis Way, Greenstead, Colchester, CO4 3PY  
09.30 am – 2.00 pm

**Scientific calculators** are available for purchase in Arbor pay (school shop section) £6.49 each. Once paid for they can be collected from reception. You can also come and pay and collect one on Thurs, 3<sup>rd</sup> April from 3.45–5.30pm in Clouds.

**Revision guides:** Revision guides are available for purchase on Arbor under the School Shop tab; once the guide has been paid for, students can collect them from their subject teacher. You can also come and pay and collect one on Thurs, 3<sup>rd</sup> April from 3.45–5.30pm in Clouds.

An overview of the year 11 curriculum can be seen [here](#)

## Sixth Form Notices

### Year 12 University of Essex Taster Week - Tuesday, 25th March - Friday, 28th March

Students will enjoy a variation of tasters including:

*Philosophy & History in the Park Life*  
*Essex Business School Taster Day*

*Science Discovery Day*  
*Experience Essex Law*

*Social Sciences Conference*

### Year 12 Post 18 Pathways Week 2025 – Tuesday, 10<sup>th</sup> June – Friday, 13<sup>th</sup> June

Pathways Week provides a range of activities designed to support and inform students with post 18 choices. These will include information and guidance regarding higher education, apprenticeships, business skills, preparing for interviews and the world of work. The week will include a huge amount of information that will be of benefit to all year 12 students regardless of their future pathway and forms an essential component of their sixth form education.

Year 12 - Careers information, advice and guidance (CIAG) – [Letter](#) from Mrs M Read

## Careers Guidance Updates



**Unifrog** “Helping students find their future”

Use this platform to look at colleges, universities, and career options from home with your child. [Unifrog](#)

## Safeguarding, SEND, and Wellbeing

**Autism Anglia Coffee Morning at CCHS - Monday, 28th April at 10am.** Please email us via [admin@cchs.school](mailto:admin@cchs.school) if you would like to come.

### Who We Support

We help children and young people under 25 and their families. You don't need a diagnosis of autism to get help.

### How We Make a Difference

We guide families through the autism support process and teach the community about autism.

- Personal advice and support
- Our friendly team listen and give advice based on your needs. We can talk on the phone, email, or visit you at home.
- Drop-in sessions

### What We Can Help With

- Assessment and diagnosis of Autism and ADHD
- Moving between schools or big life changes
- Support with meltdowns and shutdowns
- Getting help at school or college
- Behaviours that may be hard to manage
- Training for families and schools
- Explaining other services and how to get help
- Our Autism Alert Card to help you feel safe while you're out and about

## Free workshop with NELFT Mental Health Support Team

### How to Support Your Child Around Exam Anxiety – Wednesday, 23<sup>rd</sup> April at 7pm.

NELFT MHST will be running an exam stress workshop for parents to equip them with strategies to support their child during exam periods.

#### About this event

We all experience stress from time to time, and this is normal. For young people, this feeling may be triggered when facing exams and could lead to uncomfortable physical sensations and unhelpful ways of thinking and behaving. We understand the impact this can have on young people and their families and how this may leave parents struggling to know what the best thing to say or do. Because of this, the NELFT Mental Health Support Team will be running an exam stress workshop for parents to equip them with cognitive behavioural strategies to support their young people during exam periods. Run by experienced practitioners, this online free workshop will explore:

- The teenage brain
- What stress is
- When stress becomes a problem
- Techniques to manage physical symptoms
- Techniques to manage unhelpful ways of thinking
- Techniques to promote healthy patterns of behaviour
- Things that are within and out of our control
- How to make stress our friend

Please register on Eventbrite for a ticket. Click [here](#) to register. This workshop is an online event

## Community Notices

### Holland Football Club Family Fun Day - Friday, 18th April

Fundraising event for u15 boys European Tournament. All activities held in the gated stadium. Clacton Fire Service will be visiting. Day includes Inflatables, Bar, BBQ, Face painting, Penalty shootout, stalls and much more!

### St Helena – Pier to Pier 2025 – Sunday, 18<sup>th</sup> May 10.00am

St Helena Hospice's 40th anniversary. Walk 7 or 14 miles between Clacton and Walton piers for St Helena. Participation on this special occasion will allow more people to access the St Helena Hospice services that they need. You may also take this chance to honour and remember your loved ones. The walk is the perfect time to reflect on the special moments and memories you and your loved ones shared. Pier to Pier is open to all ages, plus the route is suitable for pushchairs and wheelchairs. **Sign up required** - click [here](#) for more information. A lot of CCHS students and staff will be taking part.

**CITIZENS ADVICE TENDRING**

**£1.00 CHALLENGE**

Citizens Advice Tendring is at risk of closing due to the complete withdrawal of core funding from September 2025.

We're asking the public to **donate just £1.00** to help us reach our **£150K goal**.

Together, we can keep free advice in Tendring.

**HOW YOU CAN DONATE**

- ✓ <https://www.paypal.com/fundraiser/charity/108020>
- ✓ Donate cash by dropping it into one of the collection pots at our locations.
- ✓ Scan the QR code for our PayPal Giving Fund.

**DID YOU KNOW?**

For every £1.00 received by Funders, we provided **£10.83** in public value

01255 377080  
18 Carnarvon Rd, Clacton, Essex, CO15 6QF  
Registered Charity No. 1091777

**GOAL**

**— £150,000**

**SAVE US FROM CLOSURE**

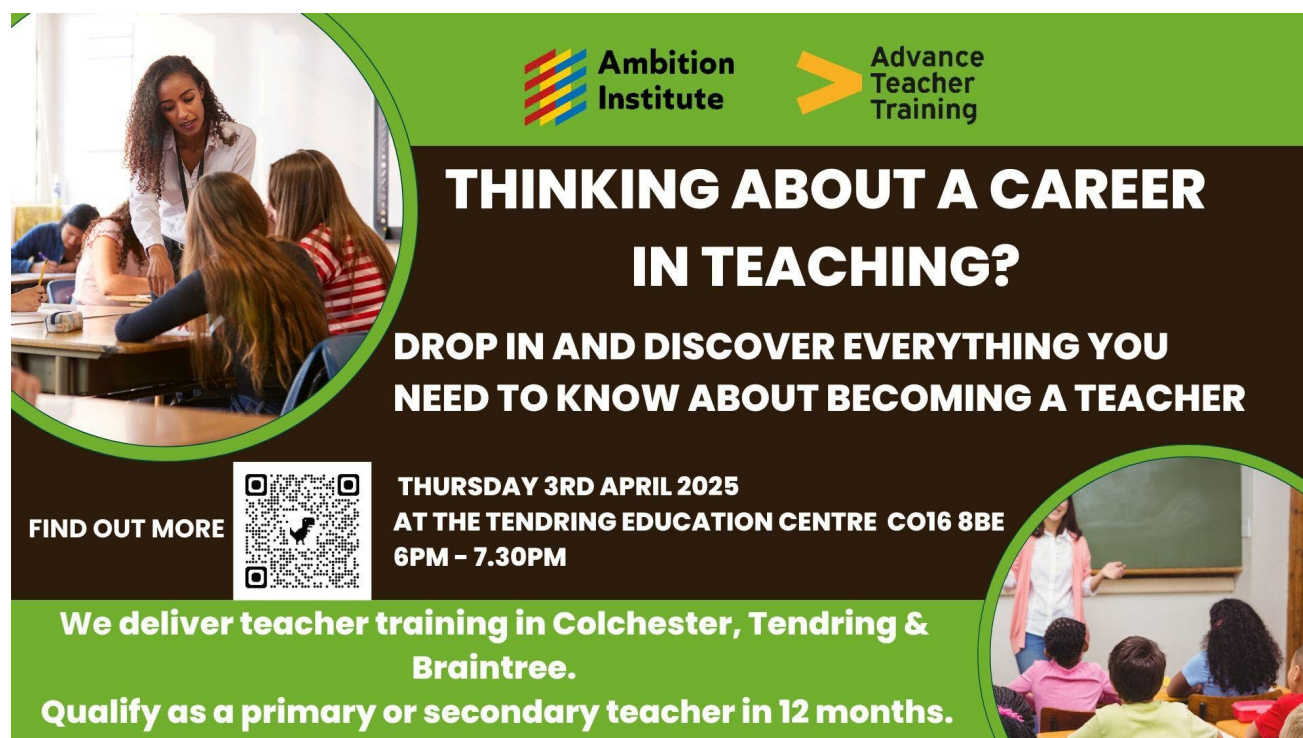
**JOIN US IN REACHING OUR GOAL OF £150K**

IF EVERY TENDRING RESIDENT DONATED £1.00, CITIZENS ADVICE WOULD BE SAVED.

**SCAN THE QR CODE TO DONATE**

citizens advice Tendring

Registered Charity No. 1091777



The advertisement features a green header with the 'Ambition Institute' logo (a stylized 'A' made of horizontal bars) and the text 'Ambition Institute' and 'Advance Teacher Training'. Below this, a large circular image on the left shows a teacher interacting with students at a desk. The main text is in white on a dark brown background, reading 'THINKING ABOUT A CAREER IN TEACHING?' and 'DROP IN AND DISCOVER EVERYTHING YOU NEED TO KNOW ABOUT BECOMING A TEACHER'. To the left of the event details is a QR code and the text 'FIND OUT MORE'. The event details are 'THURSDAY 3RD APRIL 2025 AT THE TENDRING EDUCATION CENTRE CO16 8BE 6PM - 7.30PM'. At the bottom, a green banner states 'We deliver teacher training in Colchester, Tendring & Braintree. Qualify as a primary or secondary teacher in 12 months.' On the right, a circular image shows a teacher standing at a chalkboard in a classroom.

**Ambition Institute** Advance Teacher Training

**THINKING ABOUT A CAREER IN TEACHING?**

**DROP IN AND DISCOVER EVERYTHING YOU NEED TO KNOW ABOUT BECOMING A TEACHER**

**FIND OUT MORE**

**THURSDAY 3RD APRIL 2025**  
**AT THE TENDRING EDUCATION CENTRE CO16 8BE**  
**6PM - 7.30PM**

**We deliver teacher training in Colchester, Tendring & Braintree.**  
**Qualify as a primary or secondary teacher in 12 months.**

**Career Opportunities at CCHS**

This week there are new positions available: Click [here](#) for further information.