



# Clacton County High School

## Sigma Sixth Tending

### Notices and Letters



**Spring Term 2025 | Issue 22 | Friday 28<sup>th</sup> February**

Please take the time to check through this mailing, particularly for your child's individual year group as there could be some important information for you to be aware of.

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#### **Whole School Notices**

##### **Keeping dinner money accounts topped up**

At CCHS we have a cashless system in operation in our canteen - Clouds. Students can access food and drink at break and lunchtime and pay for items using funds either uploaded on to Arbor pay by parents and carers and/or free school meal allowances. Packed lunches and snacks from home are welcome at CCHS (*please avoid foods containing nuts.*) Please make sure you top up your child's Arbor dinner account in advance if you wish them to access refreshments at school in addition to FSM allowances or otherwise.

**Dinner tickets** are not available for purchase at CCHS but have been issued in cases of emergency to ensure that students have access to food during the school day - with agreement from home to settle the cost. Dinner tickets are not issued for students in receipt of free school meals (FSM) since these funds (£3 per day) are always available. From Monday, 3<sup>rd</sup> March 2025 Dinner tickets will be replaced with **Meal Deal Tickets (MDT)** redeemable against a main meal only. MDTs will only be issued in the case of emergency and will not be issued to students with dinner money accounts in debt (minus amounts) or to students receiving free school meals. Parents will be contacted to ensure the cost can be returned to the school.

##### **Important reminders**

- Please ensure you top up dinner money in advance as balances can take some time to show on the catering till system.
- All students are expected to have a water bottle to top up from water stations at break and lunchtime

##### **How to top up Arbor Pay (dinner money)**

The payment/top-up option is available within the Arbor Portal and App. Once logged in, go to Accounts and click on top up balance. A "how to guide" is available on our [Website](#) or follow this link [Arbor Pay](#).

##### **Free School Meal Allowances (FSM)**

FSM allowance of £3 per day will not show on Arbor Pay but will be credited to accounts via the catering till system. Please note that students can access these funds from break time and can be used partially, or fully, and balances are deleted at the end of the day. Dinner money balances can be topped up (as above) please ensure you do this in advance.

### **Apply for Free School Meals**

If you are unsure if your child receives free school meals, please contact the school and we can quickly let you know. Click [here](#) for more information on our website.

### **Breakfast Club at CCHS**

Toast is available Monday to Friday from 08.15 - 08.45 for all students who may not have had breakfast; there is no charge for this. Please feel free to send your child if they need breakfast at the start of the day. No registration or booking is required. Breakfast is so important to give a child energy for the day to help them focus in their lessons. With this in mind please ensure your child has a healthy breakfast every morning.

### **Relationships, Sex and Health Education (RSHE) Essex Survey 2025**

Essex County Council have contacted all schools in Essex about their Relationships, Sex and Health Education (RSHE) survey 2025 which is aimed at young people aged 11-25 to find out their views in relation to big topics such as relationships, sexual health and how young people use the internet. The information received from this survey will be used to shape a number of services for young people including education, professional training and sexual health services. Findings will also be shared with Essex Safeguarding Children Board (ESCB) to inform their wider work on keeping children and young people safe across the county.

The confidential survey is open to 11 (Year 7) to 25 year olds and is **optional for young people to complete**. The survey will close on Sunday 16<sup>th</sup> March. Findings of the survey will be shared with a range of stakeholders including educational settings and published around May. Findings will be available at county level and where we have enough responses also at district level.

To ensure that the views of as many young people in Essex are captured as possible, Essex County Council have shared the link to the survey: [Relationships, Sex & Health Education Survey 2025 - Essex County Council - Citizen Space](#) as well as a QR code to the survey which can be found on this [poster](#).

This survey link and poster will also be posted on your child's Google Classroom for them to access from Monday 3rd March. When completing the survey, students will need to select the **Tendring district** as part of the process.

For more information on the survey please contact [YouthWork@essex.gov.uk](mailto:YouthWork@essex.gov.uk)

### **Whole School Letters**

No whole school letters this week

### **Dates for Your Diary**

- Thursday 6<sup>th</sup> March – Year 8 Parents Evening
- Monday 17<sup>th</sup> – Tuesday 18<sup>th</sup> March – Year 9 Assessments
- Thursday 3<sup>rd</sup> April – Year 10 Parents Evening

#### **Year 7**

An overview of the year 7 curriculum can be seen [here](#)

#### **Year 8**

Year 8 Parents Evening - Thursday, 6th March

[Letter](#) of invitation from Assistant Headteacher - Mr A Martin

An overview of the year 8 curriculum can be seen [here](#)

## Year 9

### Year 9 Assessments – Monday, 17<sup>th</sup> March and Tuesday, 18<sup>th</sup> March

[Letter](#) from Assistant Head teacher – Mr A Martin

**Scientific calculators** are available for purchase to Year 9 students in Arbor pay (school shop section) £6.49 each. Once paid for they can be collected from reception.

An overview of the year 9 curriculum can be seen [here](#)

## Year 10

### Advance notice – Year 10 Parent evening and “How to help your child revise” Thursday, 3<sup>rd</sup> April

An overview of the year 10 curriculum can be seen [here](#)

## Year 11

### Year 11 Mock Examinations – Friday, 14<sup>th</sup> February – Monday, 3<sup>rd</sup> March

[Letter](#) from Deputy Headteacher Mrs K Loosley

**Scientific calculators** are available for purchase in Arbor pay (school shop section) £6.49 each. Once paid for they can be collected from reception.

### [Year 11 Coursework Support / Revision timetable](#)

#### Revision guides

The following revision guides are available for purchase on Arbor under the School Shop tab once the guide has been paid for, students can collect them from their subject teacher:

- Maths, Science, English Language, Computer, Spanish, Physical Education

#### Exam contingency days – Wednesday, 25<sup>th</sup> June 2025

Some of our families will be hoping to plan and book holidays for summer 2025, however, it is important to note that Wednesday, 25<sup>th</sup> June 2025 is a contingency day set by Ofqual. This means that all exam candidates must be available to sit exams from the date of their first exam until, and including Wednesday, 25<sup>th</sup> June 2025. This decision is not a school decision and does apply to all candidates, in all schools, we thank you for your understanding. Contingency days are designed to be used in the event of national or significant local disruption to examinations. Please find [here](#) the Year 11 Summer Examinations Timetable 2025.

### SAVE THE DATE – PROM Thursday, 3<sup>rd</sup> July 2025

#### What is a Passport to Prom?

The Passport to Prom is an incentive for our Year 11 students to attend as many revision sessions as possible and maintain excellent school attendance in the final push towards their exams. It is an annual event for Year 11 students and this year our students have already made an excellent effort to attend the revision sessions offered.

#### What criteria do students need to meet?

In addition to behaving appropriately and attending all lessons, students need to opt in by: attending a minimum of five maths, five English and five science revision sessions; attending at least ten other subject sessions of their choice; achieving a 95% attendance record or higher from the start of January through to their exams and completing three quality pieces of homework per week. As an additional incentive, students who complete thirty-five revision sessions or more will be entered into a prize draw for some great Prom themed prizes.

What does the Passport look like?

[Click here / Passport to Prom](#)

### What can I do to help?

Parental support is so important in ensuring success and we know our parents are equally supportive of the school. Please encourage your child to make the most of the help available to achieve the best possible grades they can.

### What help is available?

CCHS staff are extremely dedicated and are always willing to go the extra mile for their students. As we move closer to the exams, most subject areas will provide after-school revision sessions, and additional support during holidays and even at weekends. Students should contact their subject teachers to find out more details on the times and dates of any additional sessions, as well as consulting the [Year 11 weekly revision timetable](#)

*\*NB. By invitation only, a number of Exam Revision and Catch-Up Sessions will be taking place during the February Half-Term and Easter Holidays – where possible, please avoid booking holidays for exam students during these periods, up until the final day of the exams, including the **Wednesday, 25<sup>th</sup> June 2025**.*

An overview of the year 11 curriculum can be seen [here](#)

## Sixth Form Notices

### Careers Guidance Updates

#### Should I become a Doctor? – Free Webinar Thursday, 13<sup>th</sup> March 7pm – 8.30pm for Year 9 – Year 11 students

More details can be seen [here](#). The sign-up deadline is Monday, 10<sup>th</sup> March.

### Safeguarding, SEND, and Wellbeing

#### National Eating Disorders Awareness Week – Monday, 24<sup>th</sup> February – Sunday, 2<sup>nd</sup> March 2025

**Help is available** Monday-Friday, 3:00pm-8:00pm call 0808 801 10677 [Beat Eating disorders](#)

Around [1.25 million people in the UK](#) suffer from these illnesses, many in secret. They are of all ages, genders and backgrounds – eating disorders do not discriminate. [Eating disorders](#) include bulimia, binge eating disorder, avoidant/restrictive food intake disorder (ARFID), other specified feeding or eating disorder (OSFED), and anorexia, which tragically has the highest mortality rate of any mental illness, though all eating disorders can be deadly. While this is the worst-case scenario, there are many ways in which eating disorders severely affect the quality of life of both those suffering and those who care about them. They steal childhoods, devastate relationships and pull families apart. But, with the right treatment and support, recovery is possible.

#### School Vaccination Catch up Clinics

Click [here](#) for more information and dates

### Community Notices

#### St Helena – Pier to Pier 2025 – Sunday, 18<sup>th</sup> May 10.00am

St Helena Hospice's 40th anniversary. Walk 7 or 14 miles between Clacton and Walton piers for St Helena. Participation on this special occasion will allow more people to access the St Helena Hospice services that they need. You may also take this chance to honour and remember your loved ones. The walk is the perfect time to reflect on the special moments and memories you and your loved ones shared. Pier to Pier is open to all ages, plus the route is suitable for pushchairs and wheelchairs.

**Sign up required** - click [here](#) for more information. A lot of CCHS students and staff will be taking part

### Career Opportunities

#### Considering a Career in Teaching?

Advance Teacher Training (ATT) work with many schools across Essex and Suffolk to deliver teacher training. They have training bases in Clacton and Colchester with schools in Tendring, Colchester, Braintree and surrounding areas. With over 20 years of experience of delivering teacher training, they offer knowledgeable

trainers, excellent facilities and personalised support. By joining Advance Teacher Training you will gain experience in primary or secondary phases including Post-16.

Discover more at the next Advance Teacher Training drop-in open event on Thursday 3<sup>rd</sup> April, 6pm to 7.30pm at the Tendring Education Centre, Jaywick Lane. Clacton on Sea CO16 8BE.

Follow the [link](#) for additional information

### **Career Opportunities at CCHS**

This week there are new positions available: Click [here](#) for further information.