



Clacton County High School

Sigma Sixth Tending

Notices and Letters



Autumn Term 2025 | Issue 2 | Friday 12th September

Please take the time to check through this mailing, particularly for your child's individual year group as there could be some important information for you to be aware of.

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Whole School Notices

PSHE (Personal, Social, Health, and Economic education) and RSHE (Relationships, Sex, and Health Education) This provision at school supports students' personal development, well-being, and preparation for life beyond the classroom. Please find [here](#) a letter from Mrs F Cook, Assistant Headteacher regarding the delivery of PSHE/RSHE lessons to Years 7, 8 & 9 and [here](#) for Years 10 & 11. Details on this provision at CCHS can be viewed on our [website](#).

PSHE and RSHE lessons are essential for helping young people navigate the complexities of modern life, supporting their safety, well-being, and future success both personally and professionally. Key factors include:

Promoting Mental and Physical Health <ul style="list-style-type: none">• Teaching students how to manage stress, emotions, and relationships.• Providing knowledge about healthy lifestyles, including diet, exercise, and substance awareness.• Encouraging early help-seeking behaviour and reducing stigma around mental health.	Building Healthy Relationships <ul style="list-style-type: none">• RSHE helps students understand consent, respect, and boundaries.• Teaching about different types of relationships (including friendships, family, and romantic relationships).
Keeping Children Safe <ul style="list-style-type: none">• Educating about online safety, grooming, peer pressure, and exploitation.• Helping children recognise unsafe situations and understand how to seek help.• Raising awareness of their rights and how to protect themselves.	Developing Life Skills <ul style="list-style-type: none">• Teaching critical thinking, decision-making, resilience, and self-awareness.• Preparing students for adult responsibilities such as managing money, careers, and independence.• Encouraging responsible citizenship and social awareness

Promoting Inclusion and Equality <ul style="list-style-type: none"> • PSHE and RSHE tackle stereotypes, discrimination, and prejudice. • Helping students understand and respect diversity in culture, gender identity, sexuality, and family structure. • The lessons support the school in creating a safe and inclusive environment for all pupils 	Supporting Academic Success <ul style="list-style-type: none"> • Students who feel safe, respected, and confident are more likely to engage and succeed in learning. • Emotional and social stability can improve attendance, behaviour, and overall academic performance.
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CCHS and SPARX Homework

The aim is for all students to strive for **100% completion** of their homework. To support this aim CCHS have partnered with Sparx Maths, Sparx Reader (English) and Sparx Science. Detailed information, instructions and homework schedules are below in year specific sections.

[How to access and navigate SPARX](#)



Sparx Maths is an online learning platform that creates personalised maths homework for students aged 11-16. Your child's teacher selects the topics that have been taught in class and Sparks builds a personalised set of questions to match your child's current level of understanding. By consistently using Sparx Maths, your child can build a solid foundation in maths and achieve their full potential.



Sparx Reader is an online reading platform that helps students to practise reading regularly, to set them up for success at secondary school and in life beyond. Smart definitions and accessibility features support students with their reading. Students complete a test to help set their reading level and teachers monitor homework so they can motivate and support students to read.



Sparx Science builds scientific knowledge and understanding through personalised homework. A bank of over 7500 questions tests knowledge and promotes scientific thinking across the secondary curriculum. Students actively engage with support that addresses misconceptions and gaps in learning. Help is provided for every question to assist students when they "get stuck" and supports setting high expectations for all students.

FACE - Family Advice-Communication-Education

gives practical, accessible, and affordable support to parents and professionals who support children and teenagers. The school currently subscribes to ensure CCHS parents can access these talks for free.

[September Timetable 2025](#)

How to access: To access the provision, you will need a CCHS code. If you have not received the code or have lost it, please contact us via admin@cchs.school

This code grants all CCHS parents and staff unlimited access to all FACE Parent Talks (usually £24 each) for 12 months (up to Jan 2026 for our school). The talks are on a four-week rotation and are available as morning sessions (10:00-11:30) and evening sessions (19:00-20:30).

The code cannot be used for any other FACE services or shared with parents or staff from another school.

How to Use the Code: Visit the PARENTS page of the FACE website (facefamilyadvice.co.uk) to view the 16 regular talks for parents. Click through the booking calendar to find a date and time that suits you. At the payment stage of booking, enter the code where it says ADD PROMO CODE. This will reduce the price from £24 to £0. ****Note:**** Links to recordings of the talks are available for 48 hours after the session. If you cannot make a live session, book on and then email to request the recording link.

Important:

- Please avoid booking the FREE sessions for parents, as these are for parents from schools that have not purchased the discount code. They are shortened versions of the regular talks, which you now have free access to.
- The code can only be used for Parent Talks and cannot be shared with parents from different schools. Improper use can result in immediate code cancellation for the whole school.

European day of languages - Friday, 26th September.

Closing date for entries – Tuesday, 23rd September. The best 30 will be displayed in the F Block corridor as we have the Open Evening on the 25th. We will invite parents and prospective students to vote for their favourite one.



Whole School Letters

No whole school letters this week

Dates for your Diary

This month

- Thursday 18th September – Year 7 Tutor Evening
- Thursday 25th September – Open Evening at CCHS (School closes 1.20pm)
- Friday 26th September – European Day of Languages 2025

Later

- Thursday 2nd October – Year 11 Parents Evening
- Monday 6th October - Autism Anglia Coffee Morning
- Thursday 9th October – Sigma Sixth Open Evening
- Thursday 9th October – Whole school Flu vaccinations
- Monday 27th – Friday 31st October – Half Term Holiday

Year 7 Tutor Evening – Thursday, 18th September – click [here](#) for the letter of invitation. The booking system is now live



SPARX Homework for Year 7, please click [here](#) for detailed information

SPARX Maths - this week's homework

You may receive a notification that your child has outstanding homework on SPARX Maths due next week. Please do not worry about this just yet. Next week, students will have a computer lesson in their maths class where they will be shown how to access SPARX Maths and how to complete their homework. They will then be given time to start their first assignment with support from their maths teacher.

For students who have already signed in to SPARX Maths and completed their first homework, they will be able to work on independent learning activities within the program during their next lesson.

Friendly reminder - Drop off and pick up/parking at CCHS - Students should not be driven into the school car park for drop off or collection at the start and end of the school day.

Appointment during school hours?

As you know, secondary school operates differently from primary school, especially when it comes to logistics. If your child has an unavoidable appointment during school hours, a little planning will help them leave on time without a hitch.

Here's how to ensure a smooth sign-out process:

1. Notify us in advance. Please email the details of the appointment to absence@cchs.school.
2. Inform your child. Make sure they know about the appointment and the pick-up arrangements.
3. Give them a note. Provide your child with a written note to give to their class teacher (not their form teacher) at the start of the day.
4. Avoid the lunch rush. Please try to avoid scheduling appointments during the lunch period, from 1:20 p.m. to 2:00 p.m. It can be very difficult to locate students at this time.
5. Remind your child of their responsibility. In high school, it's their job to go to the attendance office to sign out before their appointment.

Following these steps will help us all make sure your child gets to their appointment on time.

Exciting Opportunity for Students at Clacton County High School – [Letter](#) from Mr Wilson

Clacton County High School has been selected for a fully funded Essex Music Service scheme, offering free tuition and instrument hire in violin, viola, flute, and saxophone. Students will receive weekly group lessons, join an ensemble, and develop valuable musical skills. Places are strictly limited and allocated on a first-come, first-served basis. Parents are encouraged to support regular practice at home to ensure progress and enjoyment. Please contact Mr Wilson via admin@cchs.school

Student email addresses explained:

Year 7 to Year 9 (2025/26) are in the following format: [CCH\[YY\]SurnameFirstinitial@cchs.school](mailto:CCH[YY]SurnameFirstinitial@cchs.school)


For example Billy Smith a new year 7 who joined the school in September 2025 will be CHH25SmithB@cchs.school

Year 7 Google Accounts - Students in Year 7 will be issued with their school email address and network password in their first Computer Science lesson. This will then allow them to access their school Google Account, including Google Classroom, and their school Gmail account. We recommend that students check their emails daily - they can add their school email account to their personal devices, using their school email address and password, to access their school emails from home. Students can change their network password in school if they wish to change it to a more memorable password - see our '[How to](#)' help sheet.

Year 7 Arbor Access - once students have been issued with their school email address and password, they will be able to log in to the Arbor desktop portal (using the 'Sign-in with Google' option). They will also be able to download and use the Arbor Student App but will need to use their school email addresses and an Arbor password (which will be emailed to them by our Datateam) when accessing the app (this is different to their Network/Google password and does not change if they update their Google password in school).


An overview of the Year 7 curriculum can be seen [here](#)
See our [Curriculum Microsite](#) for comprehensive information about our curriculum

Year 8

 **SPARX Homework** for Year 8, please click [here](#) for detailed information

An overview of the Year 8 curriculum can be seen [here](#)
See our [Curriculum Microsite](#) for comprehensive information about our curriculum

Year 9

 **SPARX Homework** for Year 9, please click [here](#) for detailed information

An overview of the Year 9 curriculum can be seen [here](#)
See our [Curriculum Microsite](#) for comprehensive information about our curriculum

Year 10

An overview of the Year 10 curriculum can be seen [here](#)
See our [Curriculum Microsite](#) for comprehensive information about our curriculum

Year 11

Save the date -Year 11 Parents' Evening – Thursday, 2nd October – More information to follow

An overview of the Year 11 curriculum can be seen [here](#)
See our [Curriculum Microsite](#) for comprehensive information about our curriculum

Sixth Form Notices

Save the date - Sigma Sixth Open Evening Day – Reserve the date - Thursday 9th October



The poster for Sigma Sixth Open Evening Day features a blue and white geometric logo on the left. The text on the poster includes: 'SIGMA SIXTH', 'TENDRING CAMPUS', 'Discover Yourself, Define Your Future', 'Open Evening 5.00-7.00pm', 'Thursday 9th October 2025', 'We look forward to welcoming you!', 'Tendring Education Centre - Jaywick Lane, Clacton-on-Sea CO16 8BE', and 'countyhigh.org.uk/sixthform'. On the right side of the poster, there is a photograph of three students sitting on the grass in front of a modern building.

Careers Guidance Updates

The CCHS Careers Hub micro-website is continually being updated with information on all different types of careers and much, much more.

[Please take a look at our Careers Hub Here.](#)

Safeguarding, SEND, and Wellbeing

Free NHS Parent webinars – click [here](#) for further information

Supporting your secondary aged child with anxiety and emotionally based school avoidance – Tuesday, 16th September at 10am

Supporting your primary aged child with sleep- Tuesday, 23rd September at 7pm

Barnardo's - Parenting in the digital age?

This Sexual Health Week (8th-14th September), get the tools you need to talk to your kids about relationships, sexual health, and online content. Join Essex Sexual Health Service two free training sessions, including a special talk from The Two Johns. Spaces are limited, so find out more in the link below and sign up today! **Free virtual awareness sessions**

Talking Safety: Empowering Young People <i>Wednesday 17 September 2025 - 6:30pm to 7:30pm</i> - For parents, carers, and anyone working with young people in Essex - Delivered by Essex Sexual Health Service in partnership with Risk in the Community - Register here	Know the Online Risks (with The Two Johns) <i>Thursday 18 September 2025 - 8:00pm to 9:30pm</i> - For all parents, carers and professionals supporting young people across Essex - Register here
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Autism Anglia – Parents' Coffee Morning - Monday, 6th October at 10am at CCHS.

- If you would like to attend, please email us via admin@cchs.school –
- A diagnosis of autism is not required. [Autism Anglia website](#)

Who Autism Anglia Support

Children and young people under 25 and their families

How Autism Anglia Makes a Difference

Guiding families through the autism support process and teach the community about autism

- Personal advice and support
- A friendly team that listens and gives advice based on your needs
- Drop-in sessions



Community Notices

Clacton School Uniform Bank – 14a St Johns Road, Clacton on Sea and 18 Fleetwood Avenue, Holland on sea. Receiving and distributing donated school uniform including clothing, shoes, stationery and lunch boxes.

[Click here for further information](#)

CCHS Alumni

Would you like to join CCHS Alumni? We are keen to hear from inspiring ex pupils from varied fields of employment. Be part of our 'where are they now' portfolio and share your knowledge and expertise to inspire current CCHS students and encourage them to think about their futures and where their careers and life could take them. If you would like to be part of this initiative please send contact details to admin@cchs.school

Career Opportunities

Career Opportunities at CCHS

This week, new positions are available: Click [here](#) for further information.

Accessibility

If you need any of our published or website information in an alternative accessible format please contact us via admin@cchs.school or on 01255 424266 or by making an in-person request to our main reception on Walton Road, Clacton on Sea, Essex, CO15 6DZ