



Clacton County High School Sigma Sixth Tending Notices and Letters



Autumn Term 2023 | Issue 8 | Friday 3rd November

The weekly Notices & Letters is a 'one-stop shop' for home/school written communications and information. Please take the time to check through this mailing, particularly for your child's individual year group, there could be some very important information for you to be aware of.

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Whole School Notices

- **Friday, 10th November – In respect of Remembrance Day Saturday, 11th November**
Students from uniformed brigades are permitted to wear uniform in school, e.g. cadets, scouts and guides, St John Ambulance etc. Poppies are available for sale at school in registration, break and lunch time.
- **Whole school flu immunisation Years 7 -11 on Thursday, 9th November**
The deadline to complete your child's [consent form](#) is Monday 6th November. The vaccine is free and most children have it up their nose (nasal spray) which is quick and painless. **The nasal spray is the most effective vaccine for children.** If you do not wish for your child to receive the spray due to it containing porcine gelatine and would prefer for them to have the injectable vaccine, please contact us on the number provided below. If you have any queries, please contact the immunisation team on: 0300 790 0597 – Essex, Southend, Thurrock

Whole School Letters

No whole school letters, but if you are a parent of a **Year 11** student, please make sure you read an important letter from Mrs Loosley regarding the mock examinations starting next week.

Dates for Your Diary

- Monday 6th November – Start of Year 11 Mock examinations
- Friday 10th November – Uniformed brigade day
- Tuesday 9th November - Student flu vaccinations
- Friday 24th November – Non-Pupil Day
- Monday 27th November – Non-Pupil Day
- Friday 22nd December – Last day of term; students will be dismissed after Period 2

Year 7

No individual notices for Year 7 this week

Year 8

No individual notices for Year 8 this week



Year 9

No individual notices for Year 9 this week

Year 10

No individual notices for Year 10 this week

Year 11

Year 11 Mock examinations start Monday, 6th - Friday, 17th November

[Letter from Deputy Headteacher, Mrs Loosely with important information about Year 11 mocks starting next week](#)

All Year 11s will take a mock examination in the core subjects (English, Math and Science) and further mock examinations depending on which subjects they are studying.

Please refer to your child's [exam timetable](#) to identify which mocks they will be taking. For Spanish speaking exams, each individual student will be given a specific examination time slot.

Please note that following an afternoon exam your Year 11 child will be sent home, this will mean that those taking the exam will be leaving prior to the normal finish time of 3.10pm. If students are not taking an exam they will attend normal lessons, breaks and lunches and finish at the normal time.

[Further student resources can be found here](#)

Exam Stress

Exam stress can be more than feeling nervous on the day of an exam. It can also be how one feels building up to exams, during exams and when waiting for results. CCHS are here to support our students to cope and prepare in a healthy and successful way for exams. Please take a look at the resources we have on offer and other useful information including a guide from the Government [Coping with exam pressure – a guide for students](#)

Our own website also contains helpful documentation and information [Click here](#)

Afterschool support is available in the form of coursework and revision sessions. Please encourage your child to attend all [available revision sessions](#).

Your child's first port of call for help should always be their Pastoral office where they can speak with Mrs S Tulip (Head of Year), Mr R Blanes (Pastoral Lead) or Mrs Denise Vanstone (Assistant Year Leader)

The Charity - Mind have information, helplines and an online community for anyone experiencing mental health problems and those who support them. Please click [here](#) for information for young people on understanding exam stress and where to go for support.

Sixth Form Notices

No individual notices this week

Careers – All years

[Spingpod - Broaden your career horizons, and get a taste of what different opportunities careers can bring through On-Demand Class Chats, guided by experts from Amazon.](#)

On-Demand Class Chats are immersive career experiences - designed to give the chance to try different activities connected to various careers. You'll gain an insight into the role and what opportunities exist before getting hands-on and trying out an activity for yourself!

This programme is open to anyone aged 13+

Has your child completed any online work experience? Let us know.

Essex Careers have published a very informative and interesting brochure on a guide to local employment and skills and we encourage all students and their parents to take a look. The summer 2023 edition has a sector spotlight on Health & Social Care, Engineering and Finance, but there is much, much more within to help and inform.

To access your copy, follow this link www.essexopportunities.co.uk/essex-careers-magazine

Community Notices

No notices this week

Safeguarding, SEND and Wellbeing

Let's Talk

Are your children or teenagers receiving counselling?

Are you finding life a challenge while waiting for counselling support to begin for your young people?

Come along to EXTRA's new programme of support for parents.

Working with the Youth Enquiry Service (YES) we are pleased to be able to offer parents a safe space to talk about:

Communicating with your children / teenagers who are waiting for or receiving counselling.

How to support your child at home And, importantly how are you feeling as a parent?

[Click here for more information](#)

