



Clacton County High School Sigma Sixth Tending Weekly News



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[Sigma Sixth](#)

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GCSE Exams Underway in Earnest

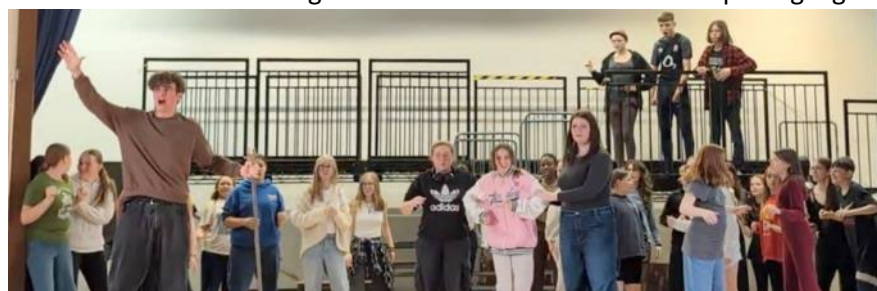
On Monday, our Year 11 students all sat their first whole year-group exam signalling the start of the conclusion of their five years of secondary education. They kicked off with the first of two English Literature papers and continued with numerous other exams, including the first of six Science exams and three Maths papers. Morning Exams are preceded with an opportunity to touch bases with their subject tutors immediately before the exam for any last-minute questions, clarifications or just calming words of advice. It was fantastic that so many of our Year 11 students have been taking advantage of these sessions ahead of each exam.



The CCHS Summer Musical 2025 - Thursday 10th to Saturday 12th July



After the success of last year's CCHS Musical, we are delighted that this year's summer production 'Oliver!' takes to the school stage in July. Rehearsals are in full swing and the cast cannot wait for the opening night!



The story of Oliver Twist follows the journey of an orphaned boy in Victorian England who is raised in a workhouse, then becomes a victim of the criminal underworld, before ultimately discovering his true parentage and a more prosperous future. 'Oliver!' opens on the 10th July with shows nightly at 7pm, with an additional matinee performance on Saturday 12th July at 2pm. Tickets are now available to [purchase on-line](#), priced £10 for Thursday, Friday & Saturday Evening and £7 for the Saturday Matinee.

Staff kick off Mental Health Awareness Week with a Run

Last Sunday, a number of our staff took part in the Colchester 10km run in aid of St Helena Hospice. Eight staff, joined by over 1000 other runners, completed the course in the glorious sunshine, although the warm conditions made the going a little bit harder! Congratulations to Mr Taylor, Mrs Welham, Mr Green, Mr Blyth, Mr Abbott, Mr Wilson, Mr Kidd and Mr Dale. Also, as part of Mental Health Awareness week, staff at CCHS had the opportunity to take part in a free yoga taster session after school. The free session, offered by Seasonal Flow Yoga with Jo, a local yoga instructor, incorporated gentle Vinyasa style yoga followed by a 15-minute yoga nidra, a form of guided meditation. Yoga is a fantastic way to improve not just your physical health but also your mental health and staff left the session feeling more relaxed, calm and energised.



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Royal Marine Cadets Win the Prestigious Gibraltar Cup

Cadets from the Royal Marine Detachment, Walton-on-the-Naze Sea Cadets, including four CCHS students, are celebrating after winning the prestigious Royal Marine Cadet competition; crowning them as the best Royal Marine Cadet Detachment in the whole of the United Kingdom. The three-day competition, the culmination of the 2024 season, matched the eight-strong team against five

other Marine Detachments, each who had already triumphed in their respective regional selection to represent their Company in the annual Gibraltar Cup competition. The Walton cadets had been in training for months since their selection, as the best Marine Detachment from London and Essex, to represent Lima Company Royal Marine Cadets in the event. In true Royal Marine Commando fashion, the cadets spent a gruelling weekend at the Royal Marines Commando Training Centre Lympstone, where they were put through their paces by the Commandos themselves.

Year 10 students - Lance Corporals Adam B and Adam K, along with Year 9 students Marine Cadets Laura and Kyron, and four other marine cadets from the Royal Marine Cadet Detachment, spent their weekend enduring tough physical training assessments and various other challenges. Many of these 'Stances'

took place on the vast commando training area where the units were dropped off into their area of operation by Royal Navy Merlin helicopters – a once-in-a-lifetime experience in itself! The team then successfully navigated to various points on the infamous Commando Endurance Course, where they had to complete the 'sheep dip' - being pulled through a tunnel underwater; make their way through 'Peter's Pool', a deep bog where they were up to their necks in mud and water; and then navigate through pitch black tunnels. Other tests included a 'Stalk', where cadets have to crawl through the gorse to try and get as close to a target without being detected; treating a simulated casualty by giving first aid whilst under fire; rifle shooting and finally the opportunity to complete the Royal Marine assault course.



This is the first time in 22 years that Lima Company have triumphed in the competition and is testimony to the cadets' hard work and dedication throughout their endless hours of preparation, along with the commitment of their commanding officers. Well done to them all!

For information about joining the Walton-on-the-Naze & District Sea Cadets or Royal Marine Cadet Detachment, as a cadet or adult volunteer, visit the [Sea Cadets website](https://www.seacadets.co.uk) or email info@waltononthenazeseacadets.uk

East Region Swimming Championships 2025

A number of our talented swimmers have been busy competing at this year's East Region Long Course Swimming Championships, swum in 50m long pools. Over the Early May Bank Holiday weekend, they travelled to the University of East Anglia, in Norwich for the first of two weekends of competition and last weekend they were back in action in Luton. The four swimmers train for numerous hours each week with Clacton Swimming Club, to enable them to compete at such a high level and to achieve a Regional Championships qualifying times is an accolade in itself!

Congratulations to Savannah and Ruby in Year 7, competing in the 11/12 years age group, who were placed 11th & 16th in the 50m Breaststroke, 22nd & 25th in the 100m Breaststroke, along with 16th & 19th in the 200m Breaststroke; Harry in Year 8, competing in the 13-years age group, who managed 19th place in the 50m Backstroke, 15th in the 100m Backstroke and 10th in the 200m Backstroke; plus Emily in Year 10 who is now ranked 3rd in the East region, after clinching Bronze in the 16 years 50m Breaststroke.



Celebrating Student Success

Attendance Weekly Golden Ticket Awards – Data from the final week of the Autumn Term

100% Attendance prize draw - one student from each form group wins a 'Golden Attendance Ticket', allowing them to skip to the front of the Clouds food server queue on a day of their choice.

Congratulations to.....



Year 7

Eliza Bailey, Jenson Dale, Callum Eastman, Ben Gillett, Millie Hawtin, Oakleigh Lucraft, Betty, Erin Perry, Sophia, Freddie Thorpe, Riley Wilson and Lennon Woodroffe



Year 8

Lola Buxey, Millie Crouch, Jacob Debenham, Karina Gancarz, Toby Gittings, Faith Hales, Freddie Harrison, Rosie Hughes, Elsie, Habiba Seidu, Nathaniel Smith and Max Stevens



Year 9

Tommy Brown, Sam Brown, Alfie Colwill, Tyler Elias, Harry Hodgson, Emily Marshall, Jay Myers, Maggie Parish, Zac Russell, Callum Smith, Teddy Swinbourne and Lillie Taylor



Year 10

Adam, Bonnie Busby, Ruby Cowley, Kane Gower, Joseph Johnson, Beau, Joris Matlauskas, Shaneka Sawyer, Robbie Short, Libby Stow and Aydin Yavuz



Year 11

Freddie Bell, Lacey-Mae, Joshua Day, Nevaeh Edwards, George Feighery, Aston, Kyle Loveday, Callum Mowle, Finleigh Payne, Abigail Roberts and Oliver Wicks

Weekly Proud Awards

The top students in each year group who attained the most PROUD+ points earned during the final week of last term and also had 100% attendance (listed alphabetically) – Each year group winner collects the top prize of an amazing £5 Amazon voucher.



Year 7

Oliver Cole, Alfie Crowhurst, Millie Franklin, Mohammad Mohammad, Poppy Pryor, Benjamin, Stanley Wagland, Lacie Watson-Abbs and Dulcie Westbrook

Winner – Mohammad

Year 8

Winner – Abigail Bird

Year 9

Tito Abayomi, Maisey Dearsley, Harrison Fox, Freddie Gallagher, Honey George, George Hall, Tosheema Mihindukulasooriya, Jack Skinner, Leah Tully and Frankie Young

Winner – Leah

Year 10

Austin Cox, Archie Doy, Freddie Gentry, Hollie Nelson and Xavier Tucker

Winner – Freddie

Year 11

Lillie Argent, Katie Baker, George Barr, Faye Burford, Tamer Celebi, Sky, Ruby Gallagher, Emilia Gallagher, Bartosz Olejnik and Heather Roberts

Winner – Katie