



# Clacton County High School Sigma Sixth Tending Weekly News



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[Link to Weekly Notices](#)

## ***An Outstanding CCHS Geography Trip to the Azores – see page 2***

### ***Helping Promote Girls' Rugby***

This half-term we are delighted that Clacton Rugby Club coach Jake Buxey is joining us every Wednesday afternoon, until the Christmas holiday, to help promote girls' rugby. The first session took place this week and we are keen to promote this great opportunity to girls across Years 7, 8 and 9 - who are all invited to attend afterschool and join in the fun.



### ***Extra-Curricular – Enrichment Clubs Update***

As we progress through the year our Extra-Curricular Club provision is constantly changing. As the seasons change, so do a number of our sports clubs to reflect the reduced amount of daylight after school. New clubs include the addition of racket club and indoor cricket club on Tuesdays, along with Volleyball and Girls' Rugby Club on Wednesdays. Furthermore, there is a new Fitness Club on Thursday afterschool for Years 8 and above, leaving Tuesday's Fitness Club for Year 7 only. Other new clubs include a Latin Music and Dance Club on Wednesday lunchtimes and a Gardening Club afterschool on Thursdays, with other clubs being added regularly.

Information on these new clubs, and the full extra-curricular program, can be found on the [Clubs page of our website](#) or via a PDF download – [Click Here](#).



### ***Raising Money for Charity***

Well done to our Year 9 Broader Curriculum Charities Group who rounded off their block of lessons for the first part of the Autumn Term by organising a charity raffle in aid of Holly Court; a local sheltered housing organisation, who we support annually at Christmas. The students created two baskets of chocolates and sweets, one of which was allergies friendly. Students and staff helped raise over £90 to help kick start our traditional Holly Court Christmas collection. Well done to our two winners - Miss Margariti and Samira, in Year 8, and congratulations to our Year 9 Broader Curriculum Charities Group for organising the raffle.



### ***Coping with Life as a Teenager***

All of our female students recently attended a special talk on the topic of peer pressure, delivered by the 'Esther's Corner' charity to highlight that you do not have to conform to the pressures of how other students' dress, behave or conduct themselves. The talk also covered effective coping strategies, as well as focusing on the importance of self-esteem, self-acceptance and decision-making. We hope that the students who attended found the session useful and we would like to thank Miss Akinwumi for giving up her time.



### ***Dancer Takes National Title***

Congratulations to Lillie Taylor in Year 9 who took part in the ISTD Disco, Freestyle and Rock 'n' Roll Grand Finals at Guildford recently. Competing in the Under 14 Category, she was up against over sixty other dancers in the Disco Freestyle championships and produced some fantastic performances to be crowned National Champion. Lillie also competed in the 'Set Dance' competition, taking fourth place overall. Well done Lillie!

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## ***The Beauty of the Azores***

Just before half-term thirty-six Geography students from Years 10, 11 and Year 12, accompanied by four staff, spent four days on the Azores Islands exploring their varied volcanic landscapes. An eventful journey from Heathrow via Lisbon, including a number of flight delays, concluded with a 2am arrival at the hostel, situated on São Miguel, the largest island in the Portuguese Azores archipelago. Despite being exhausted, everyone was excited about the wonders they would discover when they awoke. The first day was spent visiting some of the most famous landscapes of Azores including Visto do Rei (King's lookout), Miradouro Da Boca Do Inferno and Sete Cidades village. The views were spectacular across the volcanic lakes and the Atlantic Ocean, especially from the ridge to the lookout of the Lagoa do Canario lakes. These lakes, like others on this island, were part of volcanic eruptions millions of years ago. The students found it difficult to imagine that at one time the place where they were standing was full of exploding volcanoes. Later in the day, the group took time to explore Sao Miguel's longest lava tube complex that dates back over 5,000 years. This extinct volcano lava tube is right under the Ponta Delgado city and was full of various coloured crystals that have formed by the cooling of lava thousands of years ago.



On the second day the group travelled further to the east, towards the Furnas lakes. This area has active volcanoes and the students were able to observe the steam seeping through the ground. Here, local restaurants use geothermal energy to cook food in pots buried beneath the ground. Carlos, their guide throughout their visit, informed them that anyone can book a slot to 'slow cook' their food. An overwhelming smell of sulphur, one of the gases that is associated with volcanoes, filled the air. After a traditional Portuguese buffet picnic lunch, it was perhaps appropriate that they visited Furnas village, the source of a number of mineral waters, that help aid digestion. The mineral waters that emerge from the ground, each contain different minerals and at different temperatures. After tasting these, many were happy to deal with their indigestion, after their hearty lunch, rather than drink any more of the water! The next stop was the Terra Nostra gardens - recognised to be some of Europe's finest botanical gardens, containing a plethora of plant species endemic to the Azores. At the centre is a large thermal pool, where the group were due to swim, but it was closed for maintenance! Nevertheless, they were able to observe numerous tropical rainforest plants, including some of the drip tip leaves and buttress roots, which are Year 10 students have been studying this term. On the return to the hostel, there was time to stop at a tea plantation and after learning how tea leaves are picked, dried and prepared using traditional machinery, there was an opportunity to taste the different types of tea that the plantation produces and purchase gifts to take home.



The group's final day on the island was spent at Lagoa do Fogo - a crater lake atop the central ridge of the island, this is a scenic spot offering views across most of the island, and an extensive nature reserve. A two-hour hike included steep steps and narrow paths, traversed through woodland and lush pasture with various stops to observe the Cascata do Segredo (Secret Waterfall) and three hydroelectric plants. To conclude their three days on the island, it was time to have a soak in the warm iron-rich volcanic thermal pools at Caldeira Velha. Despite the heavens' opening, it was a great way to relax in warm waters. The last stop was at a pineapple plantation. Carlos explained the way that the pineapples grown on the Azores are 'the best in the world.' Grown using traditional cultivation methods, the food is organic as it is against the law to use pesticides on the island. The journey home was just as long, with a 3.30am departure from the hostel and despite a late arrival back in Clacton, it was straight back to school the following morning! The trip was an amazing experience for both students and staff with so much packed into just in three full days.

The CCHS Geography department is already planning the trip for next year which will be in the Bay of Naples in Italy, so look out for invitations in the next few weeks. Just like the trip to the Azores, it will be open to students who study geography or are choosing geography for GCSE.



## **Celebrating Student Success**

### **Attendance Weekly Golden Ticket Awards**

100% Attendance prize draw - one student from each form group wins their form's 'Golden Attendance Ticket', allowing them to skip to the front of the Clouds food servery queue on a day of their choice.

### **Congratulations to.....**



#### **Year 7**

James Attridge, Hermione Goldstone, Owain Hackney, Maisie Harrop, Scarlett Hawke, Niland Jenson, Kimberly Marsh, Harry Penny, Freddie Thorpe, Albie Welham, Lennon Woodroffe and Lin Zijie



#### **Year 8**

Sophie Chapman, Lottie Galvani, Daisy-Joy McIlveen-Taylor, Isaac Reeve, Evie Rosier, Tallulah Smith, Elodie Soper, Chloe Thomson, Marcus Tricker-Allen, Nicolas Uram Hricko, Keira Webb-Leslie and Harry Wood



#### **Year 9**

Rivva-Mae Byford, Charlie Chisnall, Sienna Daniels, Toby Daubney, Alfie Joseph, Harrison Linge, Renee Maina, Lily Norris, Harry Offord, Caleb Round, Dale Storkey and Anna Turner



#### **Year 10**

Joseph Cartwright, Ruby Cowley, Poppy-Ella Dyer, Darin Kruze, Ben Leeks, Daniel Xi Lin Ma, Joris Matlauskas, Jake McCarthy, Hollie Nelson, Summer Thompson and Ava Watkins

### **Weekly Proud Awards**

The top students in each year group who attained the most PROUD+ points last week and also had 100% attendance (listed alphabetically) – Each year group winner collects the top prize of an amazing £10 Amazon voucher.



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#### **Year 7**

Erin Barnes, Oliver Cole, Harry Durrant, Jasper Fincher, Juliet Israel, Bobby Lufkin, Bailey Phillips, Benjamin Siby, Henri Wigzell and Josie Woodcraft

**Winner** – Bobby

#### **Year 8**

Harry Appleby, Flynn Carter, Karina Gancarz, Ryan Inwood, Kyra Kenwyn-Rains, Ramona Killen, Albert Parrott, Harley Partner, Louise Simenok and Emily White

**Winner** – Emily

#### **Year 9**

Archie Anderson, Holly Campbell, Alfie Colwill, Reece Goodwin, George Hall, Laura Kedge, Daisy Ollivant, Bettsie Right-Sheehan, Luke Roberts, Leah Tully and Jayden Wolstencroft

**Winner** – Holly

#### **Year 10**

Leighton Brinkley, Jacob Fowler, Charlie Kandiah, Naledi Kimberely Mabhena, Anna Millis and Charlotte Revell

**Winner** – Naledi

