



# Clacton County High School Sigma Sixth Tendring Weekly News



[www.countyhigh.org.uk](http://www.countyhigh.org.uk)

[Sigma Sixth](#)

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Autumn Term 2024 | Issue 2 | Friday 13<sup>th</sup> September

[Link to Weekly Notices](#)

## **Open Evening – Thursday 19<sup>th</sup> September - School finishes at 1.15pm**

Next Thursday, 19<sup>th</sup> September is our annual Open Evening (4 – 7pm), when we welcome Year 6 students from across the district, along with their parents, to join us to tour the school and enjoy some fun activities throughout the evening.

[Year 6 Parents - Please visit our admissions webpage for full arrangements and timings for the evening.](#)

To enable staff to prepare for this special evening, school will finish after Lesson 3 at 1.15pm and students will return home from this time. Those who are entitled to Free School Meals or students wishing to purchase lunch should ensure they collect their meal and refreshment during the morning break. The school will return to its normal timings on Friday, 20<sup>th</sup> September.

CCHS students should not attend the Open Evening unless they are designated helpers, whose parents have completed an Open Evening Helper consent form issued by one of our faculty leaders.



**Annual Open Evening  
Thursday 19th September**

## **Year 12 Settle into their new Surroundings**

Four years ago, we opened Sigma Sixth, our own sixth form college based at the Tendring Education Centre in Jaywick Lane. This term we welcomed 150 new Year 12 students, and over 300 college students across the two sixth form year groups. Our popular sixth form gives students all the benefits of a sixth form college but without the daily commute to Colchester. Sigma Sixth prides itself on the quality of its post-16 educational provision and provides its students with camaraderie and friendship. Last week, as part of their first day, the new Year 12 students took part in various team building activities and attended numerous sessions designed to help them with transitioning from GCSE to A-Level study.



*One activity became rather competitive as groups of students competed to produce the most stylist newspaper costume*

## **Year 11 – Sigma Sixth Open Evening – Thursday 10<sup>th</sup> October**

We may have just welcomed our new Year 12 students to our sixth form college but we are already looking forward to next summer when Year 11 students will be starting their own Post 16 study. To help them with this important decision, we are holding our Sigma Sixth Tendring Open Evening on **Thursday, 10<sup>th</sup> October, 5pm – 7.30pm**. Representatives of the college, student ambassadors and teachers will be on hand to provide information and guidance to prospective students, as well as the opportunity to view the college and its surroundings. We look forward to welcoming Year 11 students from across the district to this important post-16 study event.



Discover Yourself, Define Your Future

**Open Evening  
5.00-7.30pm  
Thursday 10th October 2024**

**We look forward to welcoming you!**

Tendring Education Centre - Jaywick Lane,  
Clacton-on-Sea CO15 8BE

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## Extra-Curricular Clubs & Activities – Autumn Term 2024

Alongside the main curriculum subjects, we are proud to offer our students in Years 7 to 11 a wide and varied choice of activities, clubs, subject support, coursework catch-up and revision sessions which they can participate in. We encourage all of our students to make full use of the opportunity to learn additional skills and knowledge, through their participation in activities that interest them. Below is a list of all the enrichment activities and additional learning sessions that we have on offer this term, including the year groups they are aimed at and where they take place. Please can parents and carers promote these activities and encourage their child to participate in as many activities as they can. This list is also available to download from our [‘Clubs & Activities’ webpage](#), where additional clubs and activities will be published throughout the year so please check regularly for the latest information on the clubs available. For more information about each club or activity, students should talk to a member of staff from the department organising the session. The majority of clubs start next week, unless an alternative start date is listed. Sign-up lists are now open, although many do not have a sign-up process and students can just turn-up on the day, although regular attendance is encouraged. Any sign-up requirements are listed below.

**Students – please ensure that your parents/carers are always aware that you intend to attend a club on a specific day and when to expect you home, so that they are not unduly concerned when you do not arrive home at your usual time.**

### Enrichment Clubs

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>LUNCH</b>	<b>PRIDE &amp; Diversity Hub</b> 1:15 - 1:50 Room F5 Miss Margariti - Bring lunch, turn up chat &/or get support		<b>PRIDE &amp; Diversity Hub</b> 1:15 - 1:50 Room F5 Miss Margariti - Bring lunch, turn up chat &/or get support	<b>PRIDE &amp; Diversity Hub</b> 1:15 - 1:50 Room F5 Miss Margariti - Bring lunch, turn up chat &/or get support	<b>Book Club</b> Years 9 and 10 only 1:15 - 1:55 Library (Room C11) Sign-up with Miss Ballard (Eng)
<b>AFTER SCHOOL</b>		<b>Games Club</b> All year groups (by invitation only) 3.15 - 3.45 Inclusion Hub	<b>Lego Club</b> All year groups 3.15 - 4.00 Inclusion hub	<b>Social Skills Club</b> All year groups (by invitation only) 3.15 - 3.45 Inclusion Hub	<b>STEM Club - CREST Award</b> Years 7 to 10 3.15 - 4.30 Room B12 Mr Marshall - Turn up and participate
		<b>Girls Netball Club</b> Years 8 to 10 3.25 - 4.25 Netball Courts	<b>Boys Football Club</b> Years 7 and 10 3.25 - 4.25 School Field		<b>Vocal Band - All Years</b> 3.15 - 4.15 Music Department
		<b>Girls Football Club</b> All Year Groups 3.25 - 4.25 School Field	<b>Girls Netball Club</b> Year 7 and Year 11 3.25 - 4.25 Netball Courts		<b>Pit Band - All Years</b> 3.15 - 5.00 Music Department (Invitation Only – see Mr Wilson)
		<b>Boys Football Club</b> Years 8, 9 and 11 3.25 - 4.25 School Field	<b>Swimming Club</b> Year 7 and 8 3.25 - 4.25 Swimming Pool (Invitation Only) Miss Moss		
	<b>Tuesday Continued Below</b>	<b>Fitness Club</b> All Year Groups 3.25 - 4.25 Fitness Suite (G07)	<b>Handball Club</b> 3.25 - 4.25 Sports Hall (Invitation Only) Mr Debenham	<b>Wednesday Continued Below</b>	
	<b>Rock Band - All Years</b> 3.15 - 4.30 Music Department	<b>Lower School Drama Club</b> Years 7 to 9 3.15 - 4:00 Room H2	<b>Boxing Club</b> 3.25 - 4.25 School Gym (Invitation Only – see Miss Goldsmith)	<b>Cartoon, Comics &amp; Caricatures Club – Years 7 to 9</b> 3:15 - 4:15 Room A04 Sign up with Mr Stacey - Limited spaces	
	<b>Language Leaders Award</b> (by invitation only) 3:15 - 4:15 Room F05 Miss Margariti	<b>F24 Racing Car Team – STEM</b> Years 7 to 11 3:20 - 4:20 Room A11 Sign-up with Mr Binczyk (Science)	<b>Art Club - Years 7 &amp; 8</b> 3:15 - 4:15 Room A06 Sign up with Mrs Wells in Room A06 Limited spaces		

### Subject Support, Revision and Coursework Catch-up

	MONDAY LUNCH				
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>SPARX Reader Homework Support</b> 1:15 – 2.00 Room F13 Year 7 & 8 only - Come along to complete your SPARX Reader homework (Starts Monday 23 <sup>rd</sup> September)			
<b>AFTER SCHOOL</b>	<b>Homework Support</b> All year groups welcome Independent study with support 3.20 – 3.50 Room B12	<b>Homework Support</b> All year groups welcome Independent study with support 3.20 – 3.50 Room B12	<b>Homework Support</b> All year groups welcome Independent study with support 3.20 – 3.50 Room B12	<b>Homework Support</b> All year groups welcome Independent study with support 3.20 – 3.50 Room B12	<b>Geography Revision</b> Years 10 & 11 3.15 – 4.00 Room G05 Mrs Adamson
	<b>Homework Club - for those requiring additional support</b> All year groups 3.15 – 4.00 Inclusion Hub	<b>Homework Club - for those requiring additional support</b> All year groups 3.15 – 4.00 Inclusion Hub	<b>Homework Club - for those requiring additional support</b> All year groups 3.15 – 4.00 Inclusion Hub	<b>Homework Club - for those requiring additional support</b> All year groups 3.15 – 4.00 Inclusion Hub	<b>History Revision</b> Year 11 3.15 – 4.15 Room G06 Mrs Allen
	<b>Maths Revision</b> Year 11 – Grades 7-9 3.15 – 4.00 Room B01 Mr Marshall	<b>Art &amp; Textiles Coursework Support</b> Years 10 & 11 3.15 – 4.15 Room A13 Mrs Gately	<b>Geography Coursework Support - Years 10 &amp; 11</b> 3.15 – 4.00 Room G03 Mrs Burley	<b>Year 11 Triple Chemistry</b> 3.15 – 4.00 Room D01 Miss Loosley Not every week - see schedule	<b>Product Design Coursework Support - Years 10 &amp; 11</b> 3.15 – 4.15 Room A07 Mrs England
	<b>Science Revision</b> Year 11 3.15 – 4.00 Room D03 Sign-up with Miss Harrison	<b>Art Coursework Support</b> Years 10 & 11 3.15 – 4.15 Room A06 Mrs Wells	<b>Product Design Coursework Support - Years 10 &amp; 11</b> 3.15 – 4.15 Room A07 Miss Costello		
	<b>Business Coursework Support</b> Years 10 & 11 3.15 – 4.00 Room L01 Sign-up with Mrs Wallace	<b>Product Design Coursework Support - Years 10 &amp; 11</b> 3.15 – 4.15 Room A07 Mrs England	<b>Art Coursework Support</b> Year 11 3.30 – 5.00 Room A02 Miss Dom		
	<b>Tuesday Continued Below</b>	<b>Engineering Coursework Support - Years 10 &amp; 11</b> 3.15 – 4.15 Room A11 Mrs Vieira	<b>GCSE Spanish Revision Year 11 - HIGHER TIER</b> 3.20 – 4.15 Room F03 Mrs Rubio-Weston (starts 25 <sup>th</sup> Sept)		
<b>Spanish Revision Years 10 &amp; 11</b> 3.15 - 4.00 Room F06 Mrs Nundy	<b>GCSE Spanish Revision Year 11</b> 3.15 – 4.00 Room F01 Mrs Barker	<b>GCSE Spanish Revision Year 10 - FOUNDATION TIER</b> 3.15 – 4.00 Room F05 Mrs Margariti			
	<b>Spanish Revision</b> All Year Groups 3.15 - 4.00 Room F02 Miss Souto				





## **Clacton Sharks – Swimmers Making Waves**

Last weekend, a number of our students, who are members of Clacton Swimming Club and swim competitively for 'Clacton Sharks', took part in the annual Halstead Sprint Open Meet. Although Eastern Region swimmer Harry (Year 8) has just moved up an age group, he still managed to collect a Gold medal in each of his races; Emily in Year 10 also picked up numerous medals from her races. Well done to Erin (Year 8) and to Lucie (Year 10) who were both competing in their first Open Meet competition and recorded personal best times in all of the races – overall as a club, the swimmers achieved over twenty personal best times!



A special mention to a number of our new Year 7 swimmers who had a fantastic day in the pool, despite tough competition from much larger local clubs, including Chelmsford, Braintree & Bocking swim clubs; they either won a medal or achieved a Personal Best time in their races. Congratulations to Ruby, Savannah, Harry, Rosie and Sienna.

## **Never Lose Sight of your Dreams – Always Ask for Help**

It is always gratifying to learn of students' achievements, especially when they have been influenced by their time with us at CCHS and Sigma Sixth Tendring. Terri left Sigma Sixth last year – during the summer she made a point of letting us know what direction her studies have taken her and how grateful she was for the help and support she received whilst a student at CCHS and Sigma Sixth....

*"I started off my journey choosing Level 2 back in Year 10, this sparked my ambition to work within the health and social care field. I succeeded with a Level 2 Distinction\* in Childcare and was accepted to study at Sigma Sixth Form in September 2021. I originally chose to study Health and Social Care and Psychology. The Sixth Form team gave me an amazing opportunity to undergo two weeks of work experience at Colchester Hospital; this was where my love and passion to become a nurse started.*

*Back then, I had to deal with a number of personal challenges and was struggling with motivation and my attendance suffered. At one point, I felt the only option was to drop out of my studies. My teachers had noticed my sudden lack of drive and they insisted on finding solutions. The pastoral team were amazing, arranging for me to change classes and figuring out what would benefit me during these hard times and how to support me best. So, with guidance, I changed my studies to Level 3 Combined Science instead of Psychology and from then, everything made a turn for the better. Ultimately with a lot of hard work, I achieved the grades I needed to secure a place at university.*

*With all of this transformative support, I have continued succeeding in my studies at Anglia Ruskin University in Cambridge, where I am studying full time as a Student Nurse. I have just finished all of my first-year exams and now start my second year of nursing. I have so far had the amazing opportunity to work in hospitals such as Addenbrookes Hospital and the Royal Papworth Hospital. My early student nurse career has involved being a part of people's care and assisting with multidisciplinary specialities; including Cystic Fibrosis, Interstitial Lung Disease, Cardiac and Thoracic Surgery, Transplant, Cardiology, Oncology, Lung Defence and Immunology, Respiratory Sleep and Support, and Pulmonary Vascular Disease. It has been an amazing first year and I can't wait to see what the next few years are like and the journey towards my dream job of being a Paediatric Oncology Nurse at Great Ormond Street.*

*I couldn't be more grateful for the level of support, academically and emotionally, I received whilst a student at the Sigma Sixth Form in Clacton. I would like to give a special thanks to the science department for taking me on as a student later on in the year. They reassured me that I would receive the extra support I needed and always made sure I had a positive mindset. I would also like to thank the entire pastoral team for all of the emotional support I received. I always felt welcomed and comfortable seeking your advice, as did all the other students.*

*And lastly, I would like to express my profound gratitude to Mr Green, my biggest supporter and my favourite lecturer. The teacher who saw potential in me, even before I did. I will forever be grateful for his patience and guidance every step of the way. Whether I was struggling to understand a concept or simply needing a little extra encouragement, he was always there with a listening ear, helpful advice and words of support. His approach to teaching made learning fun and fostered my love of knowledge. Above all else, it was his kindness, support and steadfast commitment to my success that I will remember the most.*

*I hope that every student studying at CCHS and Sigma Sixth Form, is brave enough to ask for help when they need it; because I know myself, with all of the outside stress and pressure of exams, it is a hard road to travel down on your own. From my own experience, I can gratefully say I would not have been able to achieve my goals without the amazing support from the staff of CCHS. So, to all of my lovely teachers, thank you for believing in me and helping me believe in myself.*

