



Clacton County High School

Sigma Sixth Tending

Weekly News



www.countyhigh.org.uk

[Sigma Sixth](#)

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[The CCHS Blog](#)

Summer Term 2023 | Issue 36 | Friday 30th June

Pearson Teaching Awards 2023

We are exceedingly proud to announce that staff at Clacton County High School staff have been awarded a record nine awards in the Pearson Teaching Awards 2023. These annual awards are nationally recognised and celebrate all those who work within the educational profession who are role-models and an inspiration to the young people they teach and help. The CCHS winners were nominated by their colleagues and found out in a special celebration staff meeting as part of last week's national 'Thank a Teacher Day'.



CCHS staff with their awards

Congratulations to: Lizzie Dominey and Simon Kedge - **Unsung Hero Awards**; Helen Bartrum – **Excellence in Special Educational needs**; The CCHS MIND Team – **Impact through Partnership**; Charlotte Harvey – **Outstanding New Teacher of the Year**; Charlotte Wicks - **Outstanding Teacher of the Year**; Ellie Lawrie - **Outstanding Teacher of the Year**; Kara Beales and Sue Barke – **Teaching Assistant of the Year**.

National School Sports Week 2023 – Another Outstanding Success



Last week our PE department celebrated the love of sport with a fantastic array of sports and physical activities to help encourage us all to undertake at least 60 minutes of physical activity every day. During the lunch breaks throughout the week, students had the opportunity to participate in football tennis, basketball and football penalty shootouts, along with indoor athletics and football challenges.



There were also various tournaments after school, including rounders, football and badminton for everyone. Throughout the week, students had the opportunity to earn special 'Sports Week' keyrings by showing great attitude and determination during their PE lessons and through participation in the various 'Sports Week' activities. They were then able to exchange these for a chance to win some super sports kit and other prizes.



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Year 11 Leave School in Style



Yesterday, our Year 11 students rounded off their secondary education at CCHS on a high, with their end of school Prom. Many arrived in style, alighting in front of the gathered crowd from the usual assortment of vehicles, including sports cars and stretch limousines, as well as the more unusual, such as a motorbike, a number of classic cars, horses and carriage, plus a couple of firsts for our prom – a Scania lorry cab and a tank!



It was an amazing evening, and a fitting way for the students to say goodbye to their high school years – along with the traditional disco, the entertainment also included a fantastic 'Careless Whisper' saxophone solo by William.



Congratulations to Ben and Kayleigh, who were crowned as the Prom King and Queen 2023. Although many of our Year 11 students will be returning to join the CCHS sixth form, Sigma Sixth, in September, we wish each and every one of them the best of luck with their future studies.



They are a credit to the school, their families and themselves. We look forward to seeing them all on results day, the 24th August; having worked so incredibly hard, we hope that they are rewarded with the grades they deserve.



[There are more Prom photos to view on the CCHS Photo webpage](#)



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CCHS Annual Sports Awards Evening



This week, our PE department held their annual CCHS Sports Award Evening, hosted by Sam Horsewill and Emily Duffy, to celebrate the achievements of our students who have excelled in extra-curricular activities this school year. Head of School, Chris Taylor, presented awards to students celebrating their exceptional achievement and performance throughout the year. These spanned across numerous sports, from football and rugby through to netball and athletics. The highlight of the evening was the announcement of the Year 11 Sports Personalities; Stephen and Maisie. 'Team of the Year' Award went to the Year 10 athletics team. There were also awards for the Sports Winners from each year group, congratulations to Year 7 winners Laura and Freddie; Year 8 winners Emily and Thomas; Year 9 winners Kenna-Rose and George; Year 10 winners Isabelle and Thomas.

Duke of Edinburgh Bronze Award – Assessment Hike in Thetford Forest

Early last Thursday, fifty intrepid and perhaps a little apprehensive, Year 9 students assembled at school at the start of their 2-day Duke of Edinburgh (DofE) Bronze Award Hike. Divided into nine groups, they were required to carry everything they needed for their adventure, including their own tents, sleeping bags, food and water, camping gas and cookers – some of their back-packs were as large as they were! This year they were joined by twenty-three Year 12 students who took the opportunity to join the expedition as a practice hike for their Silver Award which they will be assessed on in the Lake District in a few weeks.



Travelling in four mini-buses, with a support van carrying all their back-packs, the groups travelled to their relevant drop-off points. Ahead of them were two six-hour days of hiking around and through Thetford Forest, with an over-night camp under canvas; the Year 12 students (picture below) were required to walk further and camp for a second night.



Each group had spent the past weeks planning their route from the pre-assigned start and finish points – half the groups walked the route in reverse, from finish to start, so that the groups were spread out. This also helped ensure that they actually did navigate using their maps rather than just following the group in front!

(Continued below)

The conditions were tough, it was hot just sitting outside in the 26 degrees heat, let alone walking 16km each day carrying a heavy backpack. They even had an isolated downpour and thunderstorm to contend with but eventually converged at a Scout Camp in the middle of the forest; some groups took over 8 hours to finish after having to take numerous breaks and a pause to shelter during the storm. After a successful first day hike, the teams still had to erect their tents and cook their dinner. They then had time to collect some wood for a camp fire, lit in a designated fire pit, giving them all a real camping experience under the clear starry sky; the marsh-mallow roasting was certainly a big hit!



The camp was adjacent to a railway line, so there was no need for an alarm clock on Friday morning when you have the 6am express passing by just metres away! Tents were dismantled and 'packed' away as the teams prepared for day 2 and another 16km hike – a daunting prospect when it is very hot, tired and sore from the previous day's endeavours!



All the groups rose to the challenge and embarked on their final day, knowing that each step was one closer to finishing and to passing their DofE Bronze Hike. Well done to each and every one of those students who completed their award, many of them spent their first night under canvas, and learnt a lot about themselves – their resilience and their perseverance, as well as some great life skills - working as a team, encouraging each other and laughing together. They all deserve to be proud of their achievement. The supporting trip staff were exceptionally proud of them all. Well done DofE'ers – you smashed it! Many thanks to the external DofE assessor for accompanying the trip and to the CCHS staff who gave up their time to ensure that the groups were on track and safe.

Important Water Safety Message

Last week was 'Drowning Prevention Week', the annual National Water Safety Awareness campaign, promoted by the Royal Life Saving Society. Their aim is to reduce the number of drowning and near drowning incidences that occur in the UK every year by showing people how to be safe near water. In the UK accidental drowning causes more than 400 deaths every year and many more lives are affected by near drowning. Drowning is the third highest cause of death in children and teenagers and claims the lives of nearly half-a-million people worldwide each year. Knowing how to stay safe when you are on, in or near water, is extremely important, especially as we live on the coast. Every year the Coastguard, the Lifeboat, and the local Beach Patrol, deal with numerous incidents, which could have easily been avoided, had those involved known how to stay safe around water. Remembering some basic tips can ensure you, your family and the people around you, are kept safe near water this summer:



- If you find yourself struggling in the water unexpectedly, your instincts tell you to swim hard. But cold-water shock could make you gasp uncontrollably and breathe in water – Instead 'Float to Live'.
Tilt your head back with ears submerged; Relax and try to breathe normally; Move your hands to help you stay afloat; It's OK if your legs sink, we all float differently; Spread your arms and legs to improve stability
- Don't use inflatable toys or boats on open water unless they are tethered with a rope to the bank or beach.
- Don't PLAY on or SWIM around breakwaters or the rock 'fish-tail' sea defences on Clacton beach. These are usually covered in slippery seaweed and strong currents around such structures, can easily pull even strong swimmers underwater.
- Children and adults need to know not to enter the water if someone else is in danger. Throwing a buoyant aid, using a stick, a piece of clothing or whatever is at hand is the safest way to help rescue a conscious person.
If you see someone in trouble, stay calm and try shouting for help. If no one comes and you cannot reach the person, call the emergency services.



Clacton County High School Sigma Sixth Tending Notices and Letters



Summer Term 2023 | Issue 36 | Friday 30th June

The Weekly Notices is a 'one-stop shop' for home/school written communications and information.

Please take the time to check through the mailing particularly for your child's individual year group: there could be some very important information for you to be aware of.

VERY IMPORTANT INFORMATION REMINDER FOR ALL PARENTS:

Online Learning (Year 7,8,9) - Wednesday 5th July and Friday 7th July

The NEU proposes to hold two more strike days before the end of term on Wednesday 5th July and Friday 7th July. In order to give you advanced notice, unfortunately Years 7, 8, and 9 will be online for virtual lessons for these two days. As part of their Futures Week, Year 10 students will have a work experience or work shadowing day on Wednesday 5th July. On Friday 7th July, Year 10 will have an online careers day to support them with their futures or, for those who are able, an additional day of work shadowing. [Please see a letter from Chris Taylor, Head of School](#)
School will be open for invited vulnerable students as previously; these parents/careers will be sent emails directly.

Year 10 Futures Week Monday, 3rd July – Friday, 7th July

YEAR 10 WORK EXPERIENCE - WORK SHADOWING CONSENT FORMS

Thank you to everyone who has completed the [Work Shadowing consent form](#). If you have yet to do so, please ensure they are completed and returned over the weekend. Deadline will be 9.00am on Monday morning.

THE SCHOOL PROM; MIDSUMMER NIGHT- A BIG THANK YOU TO CCHS STAFF

The Year 11 Prom took place last night with the theme of a Midsummer Night. It was an exceptionally brilliant evening, the students looked amazing and the school hall really did have a celestial feel to it. A good time was had by all that attended. Students behaved impeccably and we are very proud of the young adults that they have become.

It would be very remiss not to mention the hard work and efforts of all of the staff involved in making the preparations and to those who gave up their personal time to support the event. For some it was an exceptionally long but very worthwhile day. Therefore, we would like to say a massive thank you to all of the staff involved in organising and supporting this important milestone in our students' lives.

Whole School Notices

The curtain is almost up for the school's 2023 Summer Musical - Evita

The Drama department is so excited about the opening of the 2023 Summer Musical; Evita. It is something quite different and challenging, but they are totally convinced that there is real talent within the students that will both impress and move the audience. Some of the students even get the opportunity to sing in another language, something that the school has never attempted before. If you have not yet bought a ticket, there are some still available but selling fast, so please make sure that you don't miss out and make sure that you buy a ticket for one of the performances.


[Ticket sales here £8 each](#)

Thursday 13th July @ 7pm

Friday 14th July @ 7pm

Saturday 15th July @ 2pm and 7pm

A CLACTON COUNTY HIGH SCHOOL PRODUCTION



EVITA

13TH & 14TH JULY 7PM, 15TH JULY 2PM & 7PM

TICKETS £8 FROM COUNTYHIGH.ORG.UK

LYRICS BY TIM RICE MUSIC BY ANDREW LLOYD WEBBER.
ORIGINALLY DIRECTED BY HAROLD PRINCE.
BY ARRANGEMENT WITH THE REALLY USEFUL GROUP LTD.

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Term date Reminders

Term Dates 2023/2024

- Thursday 6th July – Year 6 Induction Day
- Tuesday 11th July – Years 7 & 8 Sports Day
- Thursday 13th July – Sigma Sixth Induction Day
- Thursday 13th July - School Musical Evita - [Tickets now available](#)
- Friday 14th July - School Musical Evita - [Tickets now available](#)
- Saturday 15th July - School Musical Evita - [Tickets now available](#)
- Tuesday 18th July – Years 9 & 10 Sports Day
- Friday 21st July – End of Term (school finishes after Period 2)

Year 7

Sports Day – Tuesday, 11th July

Unfortunately, no spectators

Year 8

Sports Day – Tuesday, 11th July

Unfortunately, no spectators

Year 9

Sports Day – Tuesday, 18th July

Unfortunately, no spectators

Year 10

Sports Day – Tuesday, 18th July

Unfortunately, no spectators

Years 7 - 9

Year 7-9 Bounce and Fun afternoon - Tuesday 4th July 3.30pm until 5pm

Our Year 12 Student Sport Leadership team invites students in Years 7 to 9 to a special afternoon of fun activities.

Along with the opportunity to use numerous inflatables, other activities will include - Face painting, Tin Can alley, Bean bag toss, Penalty shoot, Basketball Challenge, Water coin drop and a Lollipop Lucky-Dip.

Students will need to bring a change of clothes or their PE kit - Sports kit is advisable. Students can collect a copy of the event information and consent form from the PE office.

The cost is just £1 which needs to be paid when returning the completed consent form and all proceeds from this charity event will be donated to Alopecia UK.

Year 9

Year 9 HPV Vaccinations – Tuesday, 11th and Wednesday, 12th July

Your consent will be required [Letter from Essex University Trust Immunisation Service](#)

Please click on the link in the letter (click on the word “here” highlighted in yellow)

Year 11

Year 11 Virtual Year Book 2023 – scan the QR code

Please scan the code to take a journey through the Year 11 Year Book for 2023. There are some very happy memories, and messages from staff, that we wish to share with you and our students and we are extremely proud of the cohort and excited for them as they move onto the next stage in their academic journey.

Many will be joining our Sigma Sixth College in September and details of their induction day opportunity on 13th July is below.



Year 11 - Continued

YEAR 11'S - Sigma Sixth Induction Day - Thursday, 13th July - Message from Head of College - Mrs S McKarry

Our Sixth Form Induction Day for year 11 students joining us in September will be on Thursday, 13th July. We are very excited to welcome the new cohort to Sigma Sixth for the day and have some exciting activities planned which we hope students will find both informative and enjoyable.

Letters have been sent to applicants, parents and carers but if you have not received this or require further information please contact the sixth form team: sixthform@cchs.school

Sixth Form Notices

Strike Action- Wednesday 5th and Friday 7th July - Message from Mrs S McKarry – Head of College

As I am sure you will be aware, the National Education Union (NEU) has balloted members, and in response, proposed 2 days of industrial action on Wednesday 5th and Friday 7th July. I am pleased to inform you that **Sigma Sixth will be open as normal for all year 12 students who are scheduled to have lessons on those days.**

Safeguarding, SEND and Wellbeing

Healthwatch Essex – Asthma Survey

Working together with NHS leaders and consultants to shape and improve asthma care for children and young people across east and west Suffolk, and north east Essex. As a parent or guardian of a child or young person living with asthma, this is an important opportunity for you to share your experiences. Your feedback will be used to shape how children and young people's asthma support is provided in the future.

How you can take part

This project is a chance for you to share your ideas about the support that currently works well for you, your child, and your family. You can also help the NHS to learn more about what could be improved about local services, and how children and young people could be better supported to manage their asthma.

Complete the survey

Please take a few moments to complete the short anonymous Healthwatch survey on www.smartsurvey.co.uk/s/HealthwatchAsthmaCareCYP/ The survey can be completed by both young people with asthma and parents, carers or guardians. Please share the survey with your child so that they can take part too. For more information about the project, to access alternative formats of the survey, or if you have a question about taking part, please visit www.healthwatchsuffolk.co.uk/cypathma You can also contact the Healthwatch Suffolk team on freephone 0800 448 8234, or by email to info@healthwatchsuffolk.co.uk. They can help you to complete the survey, or address any questions you have about the survey.

Careers Updates

The CCHS Careers hub micro website is continually being updated with information on all different types of careers and much, much more. [Please take a look at our Careers Hub Here.](#)

Throughout June and July there are a lot of career focussed events coming up, particularly for our Year 10 students as they begin to think about higher education, further education, work and apprenticeships.

Community Notices

Colchester Teacher Training Consortium

Great news for potential new teachers, WE ARE STILL OPEN FOR APPLICATIONS over the summer - [Click here for more information](#)

Essex Youth Service - Summer Programme Summer 2023 -Join us for an action packed three days of fun, challenge, and games. Free to attend, including lunch.

After the three days, you can complete an optional two day/one- night expedition experience in the Essex countryside taking place on Tuesday 22nd and Wednesday 23rd August 2023.

<https://youth.essex.gov.uk/young-people/essex-summer-programme-2023/>



Celebrating Student Success

Attendance Weekly Golden Ticket Awards

100% Attendance prize draw - one student from each form group wins their form's 'Golden Attendance Ticket', allowing them to skip to the front of the Clouds food servery queue on a day of their choice.

Congratulations to.....



Year 7

Logan Bennett, Lily Bird, Aaron Grant, Harry Green, Abigail Hall, Harrison Linge, Katie Lowe, Leah Millier, Ethan O Garro, Ami Ryan Smith, Holly Walsh and Freddie Wigfall



Year 8

Harvey Caines, Owen Clark, Jasmine Cooledge, Louie Fayik, Dolce-May Gorton, Mason Holmes, Dennis Langham, Gracie Lunness, Frankie Millar, Keira Stevens and Libby Williams



Year 9

Olivia Brown, Mia Cohen, Andre Cumbers, George Feighery, Emilia Gallagher, Lacey Haynes, Ben Headford, Joshua Hill, Myley Jerram, Bartosz Olejnik and Jack Robertson



Year 10

Tiffany Connors, Kacie-Leigh Humberstone, Spencer Jacobs, Lucas Jones, Vinny Lloyd-Chamberlain, Alfie Matthews, Joseph Pridige, Jaya-Mai Ruddy, Harvey Storey and Brooke Warren

Weekly Proud Awards

The top students in each year group who attained the most PROUD+ points last week and also had 100% attendance (listed alphabetically) – Each year group winner collects the top prize of an amazing £10 Amazon voucher.



Year 7

Tahnee Brogan, Alfie Colwill, Jamie Dickings, Archie Foord-Fairman, Faith Hawke-French, Mia Jarrett, Leyla Mott, Oliver Shove, Colbie Smith and Paige Snipp

Winner - Faith

Year 8

Ronnie Bishop, Kaitlin Coward, Austin Cox, Millie Field, Anna Millis, Sara Paul Saravanan, Robbie Short and Marika Wrembel

Winner - Kaitlin

Year 9

Holly Balcombe, Rebecca Barnard, Myley Jerram, Cameron Mayers, Riley McLaughlin, Angel McMahon, Jack Moore, Alex Parker, Jack Robertson and Fletcher Wigglesworth

Winner – Jack

Year 10

Jaydon Berry, Maximilian Brigden, Tiffany Connors, Harry Edwards, Zoe Faint, Khallaine Hogan, Jessica Pearce, Alfie Pitts, Tilley Randell and Tommy Tudor

Winner – Jayden

