

**Contact numbers for students and parents during a period of school closure:**

CRISIS	0337261800
EWMHS	0300 300 1600
Child Line	0800 1111 <a href="http://www.childline.org.uk">www.childline.org.uk</a>
Children's Society	<a href="http://www.childrenssociety.org.uk">www.childrenssociety.org.uk</a>
Food Bank	<a href="http://www.trusselltrust.org">www.trusselltrust.org</a>
KOOTH	<a href="http://www.kooth.com">www.kooth.com</a>
MIND	<a href="http://www.mind.org.uk">www.mind.org.uk</a>
Samaritans	116 123
Children & Families Hub	0345 603 7627 Choose option 2
National Health Advice Line	111
NHS Website	<a href="http://www.england.nhs.uk">www.england.nhs.uk</a>
NSPCC	<a href="http://www.nspcc.org.uk">www.nspcc.org.uk</a>
Police - EMERGENCY	999
Police - Non Emergency	101
Young Minds	<a href="http://www.youngminds.org.uk">www.youngminds.org.uk</a>
Teen Talk	01255 504800
Kooth – Online Counselling support	<a href="https://www.kooth.com/">https://www.kooth.com/</a>
ParentZone – Online Safety	<a href="https://parentzone.org.uk/">https://parentzone.org.uk/</a>

**Resources for Parents and SEND Learners**

- ❖ National Autistic Society – guidance and helpline for parents', young people and staff: [www.autism.org.uk](http://www.autism.org.uk)
- ❖ Mencap - Easy Read guide to Coronavirus: [www.mencap.org.uk](http://www.mencap.org.uk)
- ❖ Place2Be – Guide to helping parents answer questions from their children and to support family wellbeing: [www.place2be.org.uk](http://www.place2be.org.uk)
- ❖ Young Minds - Talking to your child about Coronavirus and 10 tips from their Parents Helpline to support family wellbeing: [www.youngminds.org.uk](http://www.youngminds.org.uk)
- ❖ Carers UK - Guidance for carers: [www.carersuk.org](http://www.carersuk.org)
- ❖ Covibook – an interactive resource designed to support and reassure children aged 7 and under, designed to help children explain and draw the emotions that they might be experiencing during the pandemic: [www.mindheart.co.uk](http://www.mindheart.co.uk)
- ❖ Amaze - information pack for parents [www.amazesussex.org.uk](http://www.amazesussex.org.uk)