



# Clacton County High School

Walton Road, Clacton-on-Sea, Essex, CO15 6DZ  
Tel: 01255 424266 e-mail: [admin@cchs.school](mailto:admin@cchs.school)

Higher Expectations, Raising Aspirations

Our ref: JALletYCSupp

Thursday 26<sup>th</sup> November 2020

Dear Parent/Carer

## **Identifying and supporting young carers at Clacton County High School**

At Clacton County High School we are aware that some of our students may be 'young carers'. A young carer is someone under the age of 18, who provides unpaid care, maybe for a family member or friend, who is ill, frail, disabled or perhaps has mental health or addiction problems. Young carers often take on practical and/or emotional caring responsibilities that would normally be expected of an adult. Research suggests that there are at least 700,000 young carers in the UK, but many children do not realise that they are a 'young carer'.

We know that young carers may need a little extra support to enjoy and do well at school. At Clacton County High School we are committed to ensuring that all students who are young carers are identified, and supported effectively. Therefore, this information has been issued to all parents/carers of children in the school.

Within school, I have the lead responsibility for ensuring all young carers are able to enjoy being at school and able to make good progress. If you think that your child might be a young carer, or could benefit from any support, please complete the attached form, returning it to school in a sealed envelope addressed to me. If you would like to speak to me directly about how the school can help or require any further information, please do not hesitate to contact me on 01255 424266 or via [admin@cchs.school](mailto:admin@cchs.school)

Please rest assured that any information shared will be treated sensitively and any possible support will be discussed with you.

Yours sincerely

Julie Aldis  
Young Carers' Lead  
Head of Safeguarding



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## Reply Slip to Mrs Aldis – Private and Confidential

Student's name: \_\_\_\_\_ Form: \_\_\_\_\_

Does the student have parents or other family members who have a long-term illness or disability, or who are affected by mental ill-health or substance misuse?

YES  NO

If you wish, you can give further details here: (not required)

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Would you like more information about the types of support the school provides to young carers?

YES  NO

Please provide a name and telephone number or email address, so that we can contact you:

Name: \_\_\_\_\_

Telephone/email address: \_\_\_\_\_